St. Francis Health Services of Morris, Inc.

$3,000 Deductible HSA Medical Option
This SPD issued in 2016 by the Plan qualifies as a qualified high deductible health plan within the meaning of Internal Revenue Code ("Code") section 223. This SPD may be used in connection with a health savings account (within the meaning of section 223) established by an eligible covered person. The Plan shall not be required to establish, maintain or contribute to a health savings account on behalf of the covered person.

<table>
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<tr>
<th>Questions?</th>
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<tr>
<td>PreferredOne Administrative Services, Inc. Customer Service staff is available to answer questions about your coverage. When contacting Customer Service, please have your identification card available. If your questions involve a bill, we will need to know the date of service, type of service, the name of the provider and the charges involved.</td>
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<tr>
<th>Telephone Numbers for Prior Authorization and Pre-Service/Concurrent Care Claims</th>
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<tr>
<td>Monday through Friday 7 AM to 7 PM Central Time</td>
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<tr>
<td>Customer Service 763.847.4477</td>
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<tr>
<td>Toll free 1.800.997.1750</td>
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<td>Hearing impaired individuals 763.847.4013</td>
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<th>Website</th>
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<tr>
<td><a href="http://www.preferredone.com">www.preferredone.com</a></td>
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<tr>
<td><a href="http://www.phcs.com">www.phcs.com</a> (Healthy Directions)</td>
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<th>Mailing Address</th>
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<tr>
<td>Claims, appeal requests, prior authorization, and written inquiries should be mailed to:</td>
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<tr>
<td>Customer Service Department</td>
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<tr>
<td>PreferredOne Administrative Services, Inc.</td>
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<tr>
<td>P.O. Box 59212</td>
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<td>Minneapolis, MN 55459-0212</td>
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I. Rights of Covered Persons

The Plan, as defined in Section II. Your Employer (Plan Administrator), includes one or more health benefit options, which may have different eligibility requirements and/or benefits. If a different Summary Plan Description (SPD), SPD option, provision or amendment applies to certain benefit options or classifications of individuals eligible under the Plan, you will be furnished a copy of the SPD, SPD option, provision or amendment that is applicable to you. This SPD applies only to the $3,000 Deductible HSA Medical Option and the eligible employees enrolled for participation in this option of the Plan.

As a participant in the Plan, you have certain rights and protections under the Employee Retirement Income Security Act of 1974 (ERISA), as amended.

ERISA provides that all Plan participants shall be entitled to:

Receive Information about this Plan and Its Benefits

- Examine, without charge, at the Plan Administrator’s office and at other specified locations, such as work sites and union halls, all documents governing the Plan, including insurance contracts and collective bargaining agreements, and a copy of the latest annual report (Form 5500 Series) filed by the Plan with the U.S. Department of Labor and available at the Public Disclosure Room of the Employee Benefits Security Administration (EBSA).
- Obtain, upon written request to the Plan Administrator, copies of documents governing the operation of the Plan, including insurance contracts and collective bargaining agreements, and copies of the latest annual report (Form 5500 Series) and updated Summary Plan Description. The Plan Administrator may make a reasonable charge for the copies.
- Receive a summary of the Plan annual financial report. The Plan Administrator is required by law to furnish you with a copy of the summary.

Continue Group Health Plan Coverage

- Continue health care coverage for yourself and/or covered dependents if there is a loss of coverage under the Plan as a result of a qualifying event. You may have to pay for such coverage. Review this Summary Plan Description and the documents governing the Consolidated Omnibus Budget Reconciliation Act of 1985 (COBRA) continuation coverage rights.

Prudent Actions by Plan Fiduciaries

In addition to creating your rights, ERISA imposes duties upon the people who are responsible for the operation of the employee benefit plan. “Fiduciaries” of the Plan are the people who operate your Plan and have a duty to do so prudently, in your interest, in the interest of other Plan participants and your beneficiaries. No one, including your Employer, your union, or any other person, may fire you or otherwise discriminate against you in any way to prevent you from obtaining a benefit or exercising your rights under ERISA.

Enforce Your Rights

If your claim for benefits under the Plan is denied or ignored, in whole or in part, within certain time schedules you have a right to:

- Know why this was done;
- Obtain copies of documents relating to this decision without charge; and
- Appeal any denial.

Under ERISA, there are steps you can take to enforce the above rights. For instance, if you request a copy of Plan documents or the latest annual report from the Plan and do not receive them within 30 calendar days, you may file suit in a Federal court within two years of your request.

In such case, the court may require the Plan Administrator to provide the materials and pay you up to $110 a day until you receive the materials, unless the materials were not sent because of reasons beyond the control of the administrator. If you have a claim for benefits under the Plan that is denied or ignored, in whole or in part, you may file suit in a state or Federal court, within two years of the claim denial, (if any), or if there is no claim denial within two years of the date of service. In addition, if you disagree with the Plan Administrator’s decision or lack thereof...
concerning the qualified status of a domestic relations order or a medical child support order, you may file suit in Federal court, within two years of the date of such order. If it should happen that Plan fiduciaries misuse the Plan’s money, or if you are discriminated against for asserting your rights, you may seek assistance from the U.S. Department of Labor, or you may file suit in Federal court, within two years of the date of such event. The court will decide who should pay court costs and legal fees. If you are successful, the court may order the person you have sued to pay costs and fees. If you lose, the court may order you to pay these costs and fees, for example, if it finds your claim frivolous.

Assistance with Your Questions

If you have any questions about your Plan, you should contact the Plan Administrator. If you have any questions about this statement or about your rights under ERISA, or if you need assistance in obtaining documents from the Plan Administrator, you should contact the nearest office of the Employee Benefits Security Administration (EBSA), U.S. Department of Labor, listed in your telephone directory or the Division of Technical Assistance and Inquiries, Employee Benefits Security Administration (EBSA), U.S. Department of Labor, 200 Constitution Avenue N.W., Washington, D.C., 20210. You may also obtain certain publications about your rights and responsibilities under ERISA by calling the publications hotline of the Employee Benefits Security Administration (EBSA).

II. Your Employer (Plan Administrator)

Your Employer, which also serves as the Plan Sponsor and the Plan Administrator, has established an Employee Benefit Plan (the Plan) to provide health care benefits. This Plan is “self-insured” which means that the Plan Sponsor pays the claims from its own assets for covered services. The $3,000 Deductible HSA Medical Option of this Plan is described in this Summary Plan Description (SPD), which is part of the official document of the Plan. Your Employer has contracted with PreferredOne to provide claim processing, prior authorization and other administrative services. However, your Employer is solely responsible for payment of your eligible claims.

The Plan Administrator in its sole discretion shall, to the fullest extent permitted by law, determine appropriate courses of action in light of the reason and purpose for which this Plan is established and maintained. The Plan Administrator has, to the fullest extent permitted by law, the exclusive and final discretionary authority to revise the method of accounting for the Plan, establish rules, and prescribe any forms required for administration of the Plan. All determinations and decisions made by or on behalf of the Plan Administrator will be final and binding on the Plan, all persons covered by the Plan, all persons or entities requesting payment or a claim for benefits under the Plan and all interested parties, to the fullest extent permitted by law. The Plan Administrator retains all fiduciary responsibilities with respect to the Plan, has the exclusive and final binding discretionary authority to interpret and administer the Plan, resolve any ambiguities that exist and make all factual determinations, to the fullest extent permitted by law, except to the extent the Plan Administrator has expressly delegated to other individuals or entities one or more fiduciary responsibilities with respect to the Plan.

The Plan Sponsor, by action of its governing body or an authorized officer or committee, reserves the right to change or terminate the Plan. This includes, but is not limited to, changes to contributions, deductibles, coinsurance, out-of-pocket limits, benefits payable and any other terms or conditions of the Plan. The decision to change the Plan may be due to changes in federal laws governing welfare benefits, or for any other reason. The Plan may be changed to transfer the Plan’s liabilities to another plan or split this Plan into two or more parts.

The Plan Administrator has the power to delegate specific duties and responsibilities. Any reference in the SPD to the Plan Administrator is also a reference to its delegated designee. Any delegation by the Plan Administrator may allow further delegations by such individuals or entities to whom the delegation has been made. The Plan Administrator may rescind any delegation at any time. Each person or entity to whom a duty or responsibility has been delegated, shall be responsible for only those duties or responsibilities and shall not be responsible for any act or failure to act of any other individual or entity.

III. PreferredOne Administrative Services, Inc. (PreferredOne, TPA)

PreferredOne, as an external administrator referred to as a third party administrator (TPA), provides certain administrative services, including claim processing services, subrogation, utilization management, and complaint resolution assistance.
IV. Introduction to Your Coverage

A. Summary Plan Description (SPD)

This Summary Plan Description (SPD) is your description of the $3,000 Deductible HSA Medical Option of the Plan Sponsor’s Plan. Please read this entire SPD carefully. Many of its provisions are interrelated; so reading just one or two provisions may give you incomplete information regarding your rights and responsibilities under the Plan. The SPD describes the Plan’s benefits and limitations for your health care coverage. Included in this SPD is a Benefit Schedule that states the amount payable for the covered services. Benefits are not covered for excluded services and exclusions include, but are not limited to, health care services that are not medically necessary as determined by the Plan Administrator. Be sure to review the list of exclusions as well as the Benefits Schedule. A provider recommendation or performance of a service, even if it is the only service available for your particular condition, does not mean it is a covered service. Benefits are not available for medically necessary services, unless such services are also covered services. Benefits are limited to the most cost effective and medically necessary alternative. The Plan Administrator has, to the fullest extent permitted by law, the sole, final, and exclusive discretion to determine benefits available under the Plan.

Italicized words used in this SPD have special meanings and are defined at the back of this SPD. You should keep your SPD in a safe place for your future reference. Amendments that are included with this SPD or adopted by the Plan Sponsor are fully made a part of this SPD.

This SPD is intended to comply with the Employee Retirement Income Security Act of 1974 (ERISA), as amended. This Plan is maintained exclusively for you. Your rights under the Plan are legally enforceable.

B. Administrative Services Agreement

The signed Health Services Network Access and Administration Agreement between your Employer and the TPA constitutes the entire agreement between your Employer and the TPA. A version of the Health Services Network Access and Administration Agreement is available for inspection from your Employer.

C. Identification Cards

The TPA issues an identification (ID) card containing important coverage information. Please verify the information on the ID card and notify Customer Service if there are errors. If any ID card information is incorrect, claims for benefits under the Plan or bills and/or invoices for your health care may be delayed or temporarily denied. You will be asked to present your ID card whenever you receive health care services.

D. Designated Website or Provider Directory

You may find participating providers on the designated website listed on the inside cover of this SPD. Coverage may vary according to your provider selection.

The list of participating providers frequently changes and the TPA does not guarantee that a listed provider is a participating provider. You may want to verify that the provider you choose is a participating provider by calling Customer Service at the telephone number listed on the inside cover of this SPD. Provider directories are available to you upon request.

E. For Non-Emergency Services Received in a Participating Provider Facility from a Non-Participating Provider

If a participating provider arranges and/or performs health care services for you at a participating provider facility, all related eligible non-facility charges from both participating providers and non-participating providers, will be covered at the participating provider level of benefits as shown in the “Benefit Schedule.”

If a non-participating provider arranges or performs health care services for you at a participating provider facility, all related eligible non-facility charges from any non-participating providers will be covered at the non-participating provider level of benefits as described in the “Benefit Schedule.” You will not be responsible for any charges that may exceed the usual and customary amount.
F. Case Management

In cases where your condition is expected to be or is of a serious nature, the TPA may arrange for review and/or case management services from a professional who understands both medical procedures and health care coverage under the Plan.

Under certain conditions, the Plan Administrator will consider other care, services, supplies, reimbursement of expenses, or payments of your serious sickness or injury that would not normally be covered or would only be partially covered. The Plan Administrator and your physician will determine whether any medical care, treatments, services, supplies, reimbursement of expenses or payments will be covered. Such care, treatment, services, supplies, reimbursable expenses, or payments provided will not be considered as setting any precedent or creating any future liability, with respect to you, or any other covered person.

G. Conflict with Existing Law

If any provision of this SPD conflicts with any applicable law, only that provision is hereby amended to conform to the minimum requirements of the law.

H. Privacy

This Plan is subject to the Health Insurance Portability and Accountability Act (“HIPAA”) Privacy Rule. In accordance with the HIPAA Privacy Rules, the Plan and the TPA acting on the Plan’s behalf, maintains, uses, or discloses your Protected Health Information for purposes such as claims processing, utilization review, quality assessment, case management and otherwise as necessary to administer the Plan. You can obtain a copy of the Plan’s Notice of Privacy Practices (which summarizes the Plan’s HIPAA Privacy Rule obligations, your HIPAA Privacy Rule rights and how the Plan may use or disclose health information protected by the HIPAA Privacy Rule) from the Plan Administrator.

I. Processing Delays, Fraud, Misrepresentation, Rescission and Right to Audit

If routine processing delays occur, those delays will not deprive you of coverage for which you are otherwise eligible, nor will they give you coverage under the Plan for which you are not eligible under the Plan. You will not be eligible for coverage beyond the scheduled termination of your coverage because of a failure to record or communicate the termination except where required by law. It is your responsibility to confirm the accuracy of statements made by the Plan Administrator or the TPA, in accordance with the terms of this SPD and other plan documents. Your coverage may not be retroactively terminated unless you request it or you (or someone acting on your behalf) falsifies information, submits fraudulent, altered or duplicate billings, allows another person not covered under the Plan to use your coverage, or performs an act or practice that constitutes fraud or intentional misrepresentation (including an omission) of material fact under the terms of the Plan. Notwithstanding, you may be terminated, including being retroactively terminated, due to your failure to timely pay your required contributions.

Determination of your coverage will be made at the time a claim is reviewed. In addition, the Plan Administrator may require you to furnish proof of your eligibility status and may, at reasonable times and upon reasonable notice, audit or have audited your records regarding eligibility, enrollment, termination, contributions and the coverage provided under the Plan. If the Plan Administrator determines that, after reasonable requests, you have failed to provide adequate records or sufficient proof of your eligibility status, the Plan Administrator may, in its sole discretion, rescind or terminate your coverage to the extent permitted by law.

J. Limited Access to Participating Providers

In the event that the Plan Administrator determines you are receiving health care services, including prescription drugs, in a quantity or manner that might be harmful to your health, the Plan Administrator will notify you that your access to participating providers is limited. You will have 30 calendar days in which to select one participating physician, hospital and pharmacy to coordinate your health care. If you do not select those participating providers within 31 calendar days, the Plan Administrator will choose for you.

Failure to receive health care services through your selected participating providers will result in denial of coverage. If your condition requires care or treatment from other providers, you must obtain a written referral from your selected participating physician.
K. Summary of Benefits and Coverage (SBC)

The SBC is an informational summary of your benefits and coverage under this SPD, including coverage examples, that is prepared in a uniform style. If there is a conflict between this SPD and the SBC, this SPD governs and the TPA will administer your coverage in accordance with this SPD.

L. Medical Equipment, Supplies and Prescription Drugs

Your coverage under this SPD does not guarantee that medical equipment, supplies or prescription drugs will continue to be covered, even if the equipment, supply or drug was covered previously in a calendar year.

M. Routine Patient Costs Associated with Clinical Trials

The Plan covers routine patient costs associated with a clinical trial and may not: 1) deny your participation in a clinical trial; 2) deny (or limit or impose additional conditions on) the coverage of routine patient costs for items and health care services furnished to you in connection with participation in the clinical trial; or 3) discriminate against you on the basis of your participation in a clinical trial.

If one or more participating providers are participating in a clinical trial, the Plan will cover routine patient costs only if you participate in the clinical trial through a participating provider if the provider will accept you in the clinical trial. This requirement is waived if the approved clinical trial is conducted outside the state in which you reside. However, the Plan will not cover routine patient costs if you are in a clinical trial with a non-participating provider and you do not have coverage for non-participating provider benefits.

N. Essential Health Benefits Benchmark

Employer acknowledges and agrees that, to the extent required by the Affordable Care Act, the essential health benefits of the Minnesota benchmark apply to the Plan.
V. Eligibility, Enrollment, and Effective Date

A. Eligibility

You are eligible to enroll for coverage if you are:

1. Classified by the Plan Sponsor as a full-time employee whose standard hours are a minimum of 30 hours per week.

2. An eligible dependent of the employee. An employee must enroll for coverage in order to enroll his/her dependents. If both parents are covered as employees, a child may be covered as a dependent of either parent, but not both.

Eligible dependents include a covered employee’s:

1. Lawful spouse of the opposite sex whose marriage to the covered employee is valid under Minnesota state law and does not include a common law or same sex spouse regardless if recognized under Minnesota or other state or country law.

2. Children, from birth through age 25, including a:
   a. Natural child;
   b. Child who is legally adopted by or placed with covered employee for legal adoption from the earlier of the adoption date or the date of placement for adoption. Date of placement means the assumption and retention by a person of a legal obligation for total or partial support of a child in anticipation of adoption of the child. The child’s placement with a person terminates upon the termination of the legal obligation of total or partial support;
   c. Stepchild;
   d. Child for whom covered employee is designated a foster parent by an authorized social services agency or by a court of law;
   e. Grandchild;
   f. Child for whom covered employee is the legal guardian appointed by a court of law;
   g. Child covered under a valid Qualified Medical Child Support Order (QMCSO), as defined under section 609 of the Employee Retirement Income Security Act (ERISA) and its implementing regulations, which is enforceable against an eligible employee or a covered employee. An eligible employee or a covered employee may contact the Plan Administrator for free assistance in obtaining information regarding the procedures governing QMCSO determinations. The Plan Administrator is responsible for determining whether or not a medical child support order is a valid QMCSO.

3. Dependent children who are disabled. Application for extended coverage and proof of incapacity must be furnished to the Plan Administrator within 31 calendar days after the dependent child reaches age 26. The Plan Administrator may ask for an independent medical exam to determine the functional capacity of the dependent child. After this initial proof, the Plan Administrator may request proof again as needed. A dependent child may be eligible for coverage if coverage has not otherwise terminated under this Plan and if he/she meets all of the following criteria:
   a. Became disabled before age 26;
   b. Was a covered dependent under the Plan prior to reaching age 26;
   c. Is incapable of self-sustaining employment, because of a physical disability, developmental mental disability, mental illness, or mental health disorder that is expected to be ongoing for a continuous period of at least two years from the date initial proof is supplied to the Plan;
   d. Is dependent on covered employee for a majority of financial support and maintenance; and
   e. Is unmarried.

B. Enrollment and Effective Date

New Enrollment. The eligible employee must make written application to enroll him/herself and any eligible dependents and pay any required contribution, within 31 calendar days of the date the employee first becomes eligible. Coverage will be effective on the first day of the month coinciding with or immediately following a 60-day waiting period.
**Annual Enrollment.** Subject to all eligibility and enrollment provisions, the employee may enroll him/herself; him/herself and his/her eligible dependents; or may add eligible dependents to his/her coverage during the Employer’s annual enrollment period. Coverage will be effective on the date indicated during the annual enrollment.

**Rehire:** An eligible employee who was previously covered by this Plan and is rehired within 30 days following layoff or other termination shall be treated as a continuing employee with no break in coverage.

**Special Enrollment Period for Employees and Dependents.** If you are an eligible employee or an eligible dependent of an eligible employee but not enrolled for coverage under this Plan, you may enroll for coverage under the terms of this Plan if all of the following conditions are met:

1. *You* were covered under a group health plan, covered under the MinnesotaCare program as defined in Minnesota Statutes Chapter 256L, or had health insurance coverage at the time coverage was previously offered to the employee or dependent;

2. The eligible employee stated in writing at the time of initial eligibility that coverage under a group health plan, the MinnesotaCare program as defined in Minnesota Statutes Chapter 256L, or health insurance coverage was the reason for declining enrollment, but only if the Employer required a statement at such time and provided the employee with notice of the requirement and the consequences of such requirement at the time;

3. *Your* coverage described in paragraph 1 above was:
   a. Terminated under a COBRA or state continuation provision and the coverage under such provision was exhausted; or
   b. Terminated as a result of loss of eligibility for the coverage (including as a result of legal separation, divorce, death, termination of employment, or reduction in the number of hours of employment) or employer contributions toward such coverage were terminated; or
   c. Terminated as a result of loss of eligibility for the MinnesotaCare program; and

4. The eligible employee requested such enrollment not later than 31 calendar days after the date of exhaustion of coverage described in paragraph 3.a above, or termination of coverage or employer contributions described in paragraph 3.b above, or not later than 60 calendar days after the date of loss of eligibility for the MinnesotaCare program described in paragraph 3.c above.

Coverage will be effective on the date of the event described in paragraph 3 above provided the Plan receives the application for coverage as required.

**Special Enrollment Period for Covered Persons due to the Acquisition of New Dependents.** New dependents may enroll if all the following conditions are met:

1. A group health plan makes coverage available to a dependent of an employee; and

2. The employee is eligible for coverage under this Plan; and

3. They become dependents of the employee through marriage, birth, adoption, placement for adoption, or legal guardianship. This Plan shall provide a dependent special enrollment period during which the person may be enrolled under this Plan as a dependent of the employee, and in the case of the birth, adoption, children placed for adoption, or the legal guardianship of a child, the employee may enroll and the spouse of the employee may be enrolled as a dependent of the employee if such spouse is otherwise eligible for coverage. The eligible employee, if not previously enrolled, is required to enroll when a dependent enrolls for coverage under this Plan. In the case of marriage, the employee, the spouse and any new dependents resulting from the marriage may be enrolled, if otherwise eligible for coverage; and

4. Application must be received within 31 calendar days of the date the employee first acquires the dependent and coverage will be effective on the date of the marriage, birth, adoption, placement for adoption, or legal guardianship as described in paragraph 3 above.

**Note:** Other dependents (such as siblings of a newborn child) are entitled to special enrollment rights upon the birth or adoption of a child.
Special Enrollment Period for Medicaid and Children’s Health Insurance Program (CHIP) Participants. If an eligible employee and/or his/her eligible dependents are covered under a state Medicaid Plan or a state CHIP (if applicable) and that coverage is terminated as a result of loss of eligibility, then such employee may request enrollment in the Plan on behalf of him/herself and/or eligible dependents. Such request shall be submitted to the Plan not later than 60 calendar days after the eligible employee’s and/or his/her dependent’s coverage ends under such state plans.

If an eligible employee and/or his/her eligible dependents become eligible for coverage under a state Medicaid Plan or a state CHIP (if applicable), and the employer has not opted out of the premium assistance subsidy offered by the state, then such employee may request enrollment in the Plan on behalf of him/herself and/or such eligible dependents. The eligible employee shall request such enrollment in the Plan no later than 60 calendar days after the date the employee and/or his/her eligible dependents are determined to be eligible for coverage under such state plans.
VI. **Benefit Schedule**

You are required to pay any deductible and coinsurance amount. Benefits listed in this Schedule are according to what the Plan pays. Benefits are limited to the most cost effective and medically necessary alternative. Any amount of coinsurance you must pay to the provider is based on 100% of eligible charges less the percentage covered by the Plan. Plan payment begins after you have satisfied any applicable deductibles and coinsurance.

Discounts negotiated by or on behalf of the TPA with providers may affect your coinsurance amount. This Plan may pay higher benefits if you choose a participating provider. If you use a non-participating provider, in addition to any deductibles and coinsurance, you pay all charges that exceed the usual and customary amount.

**A. Prior Authorization Recommendation**

Prior authorization of health care services does not guarantee either payment or the amount of payment. Eligibility for, and payment of, benefits are subject to all of the terms of the SPD. Please read the entire SPD to determine which other provisions may also affect benefits. The TPA’s Utilization Management Department only certifies that the health care services are medically necessary.

**Prior Authorization Recommendation:** It is recommended that you or your provider request in advance that certain health care services be authorized as medically necessary in advance by the Plan Administrator. If you have questions about prior authorization, please contact Customer Service.

Prior authorization is recommended before the following medical services are received:
- All non-emergency inpatient admissions including skilled nursing facility, rehabilitation, hospital, etc.;
- Transplant services.
- Drugs or procedures that could be construed to be cosmetic;
- Durable medical equipment (DME) and prosthesis that may exceed $5,000;
- Home health care;
- Hospice services;
- Non-emergency transportation;
- Outpatient surgeries;
- Physical therapy, occupational therapy, speech therapy and other therapies; and
- Pain therapy programs.

Certain prescription drugs require prior authorization before you can have your prescription filled at the pharmacy. These prescription drugs include, but are not limited to:
- Specialty drugs.

Should the state of Minnesota and/or the Minneapolis/St. Paul seven-county metropolitan area be declared subject to a pandemic alert, the Plan may suspend prior authorization requirements and other services as may be determined by the Plan Administrator.

**Prior Authorization Procedure for Non-Acute Care Pre-Service Requests**

**Filing Procedure for Non-Acute Care Pre-Service Requests.** To request prior authorization a phone call must be made to Customer Service at least seven business days before the date services are provided and all essential data elements must be supplied. An expedited review is available if your attending provider believes your medical condition warrants it. Please refer to the subsection below entitled “Essential Data Elements for Pre-Service Requests” for the list of essential data elements that are required to file a pre-service request. If you or your attending provider have not submitted the request in accordance with these filing procedures, including a failure to submit all essential data elements, your request will be treated as incorrectly filed, and you will be notified within five calendar days. Please note that the time periods for making a decision begin when Customer Service receives a prior authorization request submitted in accordance with the Plan’s filing procedures.

If your attending provider requests prior authorization on your behalf, the provider will be treated as your authorized representative under the Plan for purposes of such request unless you provide the TPA with specific direction otherwise within three business days from the Plan Administrator’s notification that an attending provider was acting as your authorized representative.
Initial Benefit Decision of Non-Acute Care Pre-Service Requests. You and your attending provider will be notified of the TPA’s decision within 15 calendar days after receipt of a prior authorization request submitted in accordance with the Plan’s filing procedures, provided the TPA has all necessary information needed to make a decision.

If the TPA does not have all information it needs to make a decision, then it may extend the time period for making the decision by 15 calendar days. The TPA will notify you of the extension within the initial 15-calendar day period. You will then have 45 calendar days, or longer time as granted to you in the extension notification, to provide the requested information. The TPA will notify you of its decision within 15 calendar days after the earlier of (i) the date on which the TPA receives the requested information and(ii) the end of the time period specified for you to provide the requested information. The time period for the decision may also be extended for 15 calendar days for circumstances beyond the TPA’s control. If you do not provide the requested information within the time period specified, your request will be denied.

The decision may be communicated to your attending provider by telephone.

If your prior authorization request is denied, written notification will be provided to you and your attending provider. This notice will explain:
- Information sufficient to identify the claim involved and any information required by law;
- The reason for the denial;
- The part of the Plan on which it is based; and
- Any additional material or information needed to make the request acceptable and the reason it is necessary.

Expedited Prior Authorization Procedure for Acute Care Pre-Service Requests

Acute care services are services needed when a delay in treatment could seriously jeopardize your life or health or the ability to regain maximum function or, in the opinion of your attending provider, could cause severe pain. An expedited decision will be made for requests for services which prior authorization is recommended if your attending provider believes your medical condition warrants acute care services.

Filing Procedure for Acute Care Pre-Service Requests. To request expedited prior authorization, a phone call must be made to Customer Service before the date services for which prior authorization is recommended are provided and all essential data elements must be supplied. Please refer to the subsection below entitled “Essential Data Elements for Pre-Service Requests” for the list of essential data elements that are required to file a pre-service request. If you or your attending provider have not submitted the request in accordance with these filing procedures, including a failure to submit all essential data elements, your request will be treated as incorrectly filed, and you will be notified within 24 hours. Please note that the time periods for making an expedited decision begin when Customer Service receives a prior authorization request submitted in accordance with the Plan’s filing procedures.

If your attending provider requests prior authorization on your behalf, the provider will be treated as your authorized representative under the Plan for purposes of such request unless you provide the TPA with specific direction otherwise within three business days from the Plan Administrator’s notification that an attending provider was acting as your authorized representative.

Expedited Decision of Acute Care Pre-Service Requests. An expedited decision will be provided by the TPA to you and your attending provider as quickly as your medical condition requires, but no later than 72 hours following receipt of a prior authorization request submitted in accordance with the Plan’s filing procedures. If the TPA does not have all information it needs to make a decision, you will be notified within 24 hours. You will then have 48 hours, or longer time as granted to you in the notification, to provide the requested information. If you do not provide the requested information within the time period specified, your request will be denied. You will be notified of the decision within 48 hours after the earlier of the TPA’s receipt of the requested information or the end of the time period specified for you to provide the requested information.

The decision may be communicated to your attending provider by telephone.

If your prior authorization request is denied, written notification will be provided to you and your attending provider. This notice will explain:
- Information sufficient to identify the request involved and any information required by law;
- The reason for the denial;
- The part of the Plan on which it is based; and
- Any additional material or information needed to make the request acceptable and the reason it is necessary.
Essential Data Elements for Pre-Service Requests (including Concurrent Care Requests)

You or your attending provider must submit at least the following essential data elements when calling Customer Service to request prior authorization (or requesting to obtain prior authorization to extend a previously prior authorized treatment):

- The identity of the covered person and provider of services;
- The date(s) of services;
- A specific medical diagnosis; and
- A specific treatment, health care service, or procedure code for which prior authorization approval (or extended prior authorization) is requested.

An explanation of these essential data elements will be provided to you, upon request and free of charge, by calling Customer Service. If you or your attending provider have not submitted the prior authorization (or extended prior authorization) request in accordance with the Plan’s filing procedures for pre-service requests, including a failure to submit all essential data elements, your request will be treated as incorrectly filed and you will be notified within applicable timeframes.

Procedure for Concurrent Care Requests

Filing Procedure for Concurrent Care Requests. If an ongoing course of treatment was prior authorized by the Plan Administrator for a specified period of time or number of treatments and you or your attending provider request additional prior authorization to extend acute care services, your extension request must be submitted in accordance with the filing procedure for acute care pre-service requests, as described above. If an ongoing course of treatment was prior authorized by the Plan Administrator for a specified period of time or number of treatments and you or your attending provider request additional prior authorization to extend non-acute care services, your extension request and concurrent care claim must be submitted in accordance with the filing procedure for non-acute care pre-service requests, as described above. If you or your attending provider have not submitted the extension request in accordance with the Plan’s filing procedures, including a failure to submit all essential data elements, your request will be treated as incorrectly filed and you will be notified within 24 hours in the case of a request to extend prior authorization for acute care services, and within five calendar days in the case of a request to extend prior authorization for non-acute care services. Please note that the time periods for making a decision begin when Customer Service receives a prior authorization request submitted in accordance with the Plan’s filing procedures.

If your attending provider requests additional prior authorization for extended treatment on your behalf, the provider will be treated as your authorized representative under the Plan for purposes of such request unless you provide the TPA with specific direction otherwise within three business days from the Plan Administrator's notification that an attending provider was acting as your authorized representative.

Decision of Concurrent Claims. If an ongoing course of treatment was previously prior authorized for a specified period of time or number of treatments and you request additional prior authorization to extend acute care services, the TPA will make the decision on your request within 24 hours following receipt of a properly filed request, provided your request is made at least 24 hours before the end of the prior authorized treatment. If a properly filed request is not made at least 24 hours before the end of the prior authorized treatment, your request will be treated as a prior authorization request for acute care services and handled in accordance with the expedited prior authorization procedures outlined above for such services.

If an ongoing course of treatment was previously prior authorized for a specified period of time or number of treatments and you request additional prior authorization to extend non-acute care services, your request will be treated as a prior authorization request for non-acute care services and handled in accordance with the prior authorization procedures outlined above for such services.

The decision may be communicated to your attending provider by telephone.

If your concurrent care prior authorization request is denied, written notification will be provided to you and your attending provider. This notice will explain:

- Information sufficient to identify the request involved and any information required by law;
- The reason for the denial;
- The part of the Plan on which it is based; and
- Any additional material or information needed to make the request acceptable and the reason it is necessary.
B. **Deductible and Out-of-Pocket Limit**

**NOTE:** Your coverage is either “covered employee only” or “family.” Therefore, only one of the following sections (“Covered employee only” or “Family”) applies to you. If you have questions about which section applies to you, contact TPA or your employer.

**Covered Employee Only**

**Deductible:** The covered employee must first satisfy the deductible amount by incurring eligible charges equal to that amount in a calendar year before the Plan will pay benefits. Copies of bills for eligible charges used to satisfy the deductible must be submitted to the Plan. The Plan will not pay benefits for the eligible charges applied toward the deductible. Expenses you pay for any amount in excess of the usual and customary amount will not apply to the deductible.

**Out-of-Pocket Limit:** After the covered employee has met the out-of-pocket limit per calendar year for coinsurance and deductibles, the Plan covers the remaining eligible charges incurred. It is the covered employee’s responsibility to demonstrate to the Plan the coinsurance and deductibles in excess of this amount have been paid in any calendar year, and to pay any amounts greater than the out-of-pocket limits if any benefit, day, or visit maximums are exceeded. Expenses paid for any amount in excess of the usual and customary amount will not apply towards satisfaction of the out-of-pocket limit.

<table>
<thead>
<tr>
<th>Covered Employee Only</th>
<th>Participating Providers</th>
<th>Non-Participating Providers</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Deductible</strong></td>
<td>$3,000 per calendar year for eligible charges from participating providers.</td>
<td>$5,000 per calendar year for eligible charges from non-participating providers.</td>
</tr>
<tr>
<td><strong>Out-of-Pocket Limit</strong></td>
<td>$3,000 per calendar year for eligible charges from participating providers.</td>
<td>$10,000 per calendar year for eligible charges from non-participating providers.</td>
</tr>
</tbody>
</table>

**Family (Covered Employee and Covered Dependents)**

**Family Deductible:** The family must first satisfy the family deductible amount by incurring eligible charges equal to that amount in a calendar year before the Plan will pay benefits, or after any covered person of the family incurs $3,000 in eligible charges in a calendar year the Plan will pay benefits for that covered person. Copies of bills for eligible charges used to satisfy the family deductible must be submitted to the Plan. The Plan will not pay benefits for the eligible charges applied toward the family deductible. Expenses you pay for any amount in excess of the usual and customary amount will not apply to the family deductible.

**Family Out-of-Pocket Limit:** After the family has met the family out-of-pocket limit per calendar year for coinsurance and family deductibles, the Plan covers the remaining eligible charges incurred. It is the family’s responsibility to demonstrate to the Plan the coinsurance and family deductibles in excess of this amount have been paid in any calendar year, and to pay any amounts greater than the family out-of-pocket limit if any benefit, day, or visit maximums are exceeded. Expenses paid for any amount in excess of the usual and customary amount will not apply towards satisfaction of the family out-of-pocket limit.

<table>
<thead>
<tr>
<th>Family (Covered Employee and Covered Dependents)</th>
<th>Participating Providers</th>
<th>Non-Participating Providers</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Family Deductible</strong></td>
<td>$6,000 ($3,000 maximum per covered person) per calendar year for eligible charges from participating providers.</td>
<td>$10,000 ($5,000 maximum per covered person) per calendar year for eligible charges from non-participating providers.</td>
</tr>
<tr>
<td><strong>Family Out-of-Pocket Limit</strong></td>
<td>$6,000 ($3,000 maximum per covered person) per calendar year for eligible charges from participating providers.</td>
<td>$20,000 ($10,000 maximum per covered person) per calendar year for eligible charges from non-participating providers.</td>
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<tr>
<th>Benefits</th>
<th>Participating Provider Plan Payment</th>
<th>Non-Participating Provider Plan Payment</th>
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<tbody>
<tr>
<td></td>
<td></td>
<td>Note: For non-participating providers, in addition to any deductibles and coinsurance, you pay all charges that exceed the usual and customary amount.</td>
</tr>
</tbody>
</table>

**C. Ambulance Services**

- **Ambulance services for an emergency**
  - 100% of eligible charges after the deductible. Same as the Participating Provider Plan Payment.

- **Non-emergency transportation**
  - 100% of eligible charges after the deductible. Same as the Participating Provider Plan Payment.

The *Plan* covers ambulance service to the nearest hospital or medical center where initial care can be rendered for a medical emergency. Air ambulance transport to the nearest hospital that is able to render medically necessary care, is covered only when the condition is an acute medical emergency and is authorized by a physician.

The *Plan* also covers emergency ambulance (air or ground) transfer from a hospital not able to render the medically necessary care to the nearest hospital or medical center able to render the medically necessary care only when the condition is a critical medical situation and is ordered by a physician and coordinated with a receiving physician.

Prior authorization is recommended for:
- Non-emergency ambulance service, from hospital to hospital when care for your condition is not available at the hospital where you were first admitted; and
- Non-emergency transfers by ambulance from a hospital to other facilities for subsequent covered care or from home to physician offices or other facilities for outpatient treatment procedures or tests when medical supervision is required en route.

**Exclusions:**

- Please see the section entitled “Exclusions.”
- Non-emergency ambulance service from hospital to hospital such as transfers and admission to hospitals performed only for convenience.
<table>
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<tr>
<th>Benefits</th>
<th>Participating Provider Plan Payment</th>
<th>Non-Participating Provider Plan Payment</th>
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<tbody>
<tr>
<td></td>
<td>100% of eligible charges after the deductible.</td>
<td>55% of eligible charges after the deductible.</td>
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</tbody>
</table>

Note: For non-participating providers, in addition to any deductibles and coinsurance, you pay all charges that exceed the usual and customary amount.

D. Chiropractic Services

Coverage includes chiropractic services to treat acute musculoskeletal conditions by manual manipulation therapy and routine maintenance chiropractic care. Diagnostic services are limited to medically necessary radiology. Treatment is limited to conditions related to the spine or joints.

Exclusions:

- Please see the section entitled “Exclusions.”
- Blood, urine or hair analysis related to chiropractic services.
- Performance of ultrasound, MRI, EMG, waveform and nuclear medicine diagnostic studies or other advanced imaging.
- Manipulation under anesthesia related to chiropractic services.
<table>
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<tr>
<th>Benefits</th>
<th>Participating Provider Plan Payment</th>
<th>Non-Participating Provider Plan Payment</th>
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<tbody>
<tr>
<td>E. Dental Services</td>
<td>The Plan Administrator considers dental procedures to be services rendered by a dentist or dental specialist to treat the supporting soft tissue and bone structure.</td>
<td>Note: For non-participating providers, in addition to any deductibles and coinsurance, you pay all charges that exceed the usual and customary amount.</td>
</tr>
</tbody>
</table>

**Accidental Dental Services.** Treatment and repair for services required due to an accidental injury must be started within 12 months and completed within 24 months of the date of the injury. The Plan covers services to treat and restore damage done to a sound, natural tooth as a result of an accidental injury. Coverage is for external trauma to the face and mouth only. A sound, natural tooth is a tooth, including supporting structures, that is healthy and would be able to continue functioning for at least one year. Primary (baby) teeth must have a life expectancy of one year before loss.

**Medically Necessary Dental Services.** The Plan covers dental services, limited to dental services required for treatment of an underlying medical condition, e.g. removal of teeth to complete radiation treatment for cancer of the jaw, cysts and lesions.

**Medically Necessary Hospitalization for Dental Care.** Eligible charges are those incurred by a covered person who: (1) is a child under age five; (2) is severely disabled; or (3) has a medical condition, unrelated to the dental procedure that requires hospitalization or anesthesia for dental treatment. Coverage is limited to facility and anesthesia charges. Oral surgeon/dentist or dental specialist professional fees are not covered for dental services provided. The following are examples, though not all-inclusive, of medical conditions that may require hospitalization for dental services: severe asthma, severe airway obstruction, or hemophilia. Care must be directed by a physician, dentist, or dental specialist.

**Exclusions:**

- Please see the section entitled “Exclusions.”
- Dental services covered under your dental plan.
- Preventive dental procedures.
- Health care services or dental services, orthodontia and all associated expenses, except as stated in this section.
- Surgical extraction of impacted wisdom teeth.
- Health care services or dental services for cracked or broken teeth that result from biting, chewing, disease, or decay.
- Dental implants.
- Prescriptions written by a dentist unless in connection with dental procedures covered under this Plan.
- Health care services or dental services related to periodontal disease.
- Occlusal adjustment or occlusal equilibration.
- Treatment of bruxism.
### Benefits

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<tr>
<th>Participating Provider Plan Payment</th>
<th>Non-Participating Provider Plan Payment</th>
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<tbody>
<tr>
<td><strong>Plan Payment</strong></td>
<td><strong>Plan Payment</strong></td>
</tr>
<tr>
<td><strong>Note:</strong> For non-participating providers, in addition to any deductibles and coinsurance, you pay all charges that exceed the usual and customary amount. <strong>NOTE:</strong> Non-participating providers must have a Medicare provider number for their charges to be eligible for coverage.</td>
<td></td>
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</table>

**F. Durable Medical Equipment (DME), Services, and Prosthetics**

- **Wigs for hair loss resulting from alopecia areata** are limited to a maximum of one wig per covered person per calendar year.
  
  | 100% of eligible charges after the deductible. | 55% of eligible charges after the deductible. |
  | See “Prescription Drug Services.” | See “Prescription Drug Services.” |

- **Diabetic supplies:** Coverage includes over-the-counter diabetic supplies, including glucose monitors, syringes, blood and urine test strips and other diabetic supplies as medically necessary.

- **Hearing aids for members under age 19** for hearing loss that is not correctable by other covered procedures. Coverage limited to one hearing aid every three years.

  | 100% of eligible charges after the deductible. | 55% of eligible charges after the deductible. |
  | See “Prescription Drug Services.” | See “Prescription Drug Services.” |

The Plan covers certain equipment and health care services, nutritional formulas and enteral feedings, which may include; amino-acid based formulas, other oral nutritional and electrolyte substances; and special dietary treatment for phenylketonuria (PKU); ordered or prescribed by a physician and provided by DME/prosthetic vendors. For verification of eligible equipment and supplies, call Customer Service. Benefits are limited to the most cost-effective and medically necessary alternative. Plan payment for rental shall not exceed the purchase price unless the Plan has determined that the item is appropriate for rental only. The Plan Administrator reserves the right to determine if an item will be approved for rental or purchase.

### Exclusions:

- Please see the section entitled “Exclusions.”
- Any durable medical equipment or supplies not listed as eligible on the Plan’s durable medical list, or as determined by the Plan Administrator.
- Disposable supplies or non-durable supplies and appliances, including those associated with equipment determined not to be eligible for coverage.
- Durable equipment necessary for the operation of equipment determined not to be eligible for coverage.
- Revision of durable medical equipment and prosthetics, except when made necessary by normal wear or use.
- Replacement or repair of items when damaged or destroyed by misuse, abuse, or carelessness, lost, or stolen.
- Duplicate or similar items.
- Hearing aids, devices to improve hearing and related fittings or health care services, except as covered under this SPD.
- Communication aids or devices; equipment to create, replace or augment communication abilities including, but not limited to, speech processors, receivers, communication board, or computer or electronic assisted communication.
- Household equipment, household fixtures and modifications to the structure of the home, escalators or elevators, ramps, swimming pools, whirlpools, hot tubs and saunas, wiring, plumbing or charges for installation of equipment, exercise cycles, air purifiers, central or unit air conditioners, water purifiers, hypo-allergenic pillows, mattresses or waterbeds.
- Vehicle/car or van modifications including, but not limited to, handbrakes, hydraulic lifts and car carrier.
- Over-the-counter orthotics and appliances.
- Custom molded foot orthotics, unless you have diabetes or peripheral vascular disease.
- Other equipment and supplies, and oral nutritional and electrolyte substances that the Plan Administrator determines are not eligible for coverage.
- Charges for sales tax, mailing or delivery.
- Durable medical equipment, orthotics and prosthetics that are necessary for activities beyond activities of daily living (ADL’s).
- Upgrades to or replacement of any items that are considered eligible charges and covered under this SPD, unless the item is no longer functional and is not repairable.
- Wigs for conditions other than alopecia areata.
### G. Emergency Room Services

You should be prepared for the possibility of a medical emergency by knowing your participating provider’s procedures for “on call” and after regular office hours before the need arises. Determine the telephone number to call, which hospital your participating provider uses and other information that will help you act quickly and correctly. Keep this information in an accessible location in case a medical emergency arises.

If you have an emergency that requires immediate treatment, call 911 or go to the nearest emergency facility. If possible under the circumstances, you should telephone your physician or the clinic where you normally receive care. A physician will advise you how, when and where to obtain the appropriate treatment.

**Note:** Non-emergency services received in an emergency room are not covered. If you choose to receive non-emergency health care services in an emergency room, you are solely responsible for the cost of these services. See emergency under “Definitions.”

Covered services are subject to all of the benefit limitations set forth in this SPD. You should provide notice to Customer Service of an admission to an inpatient facility within 48 hours or as soon as reasonably possible.

### Exclusions:

- Please see the section entitled “Exclusions.”
- Non-emergency services received in an emergency room.

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<tr>
<th>Benefits</th>
<th>Participating Provider Plan Payment</th>
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<tbody>
<tr>
<td></td>
<td>100% of eligible charges after the deductible.</td>
<td>Same as the Participating Provider Plan Payment.</td>
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</table>

Note: For non-participating providers, in addition to any deductibles and coinsurance, you pay all charges that exceed the usual and customary amount.
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<th>Non-Participating Provider Plan Payment</th>
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<tr>
<td></td>
<td>100% of eligible charges after the deductible.</td>
<td>55% of eligible charges after the deductible.</td>
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<tr>
<td>Note: For non-participating providers, in addition to any deductibles and coinsurance, you pay all charges that exceed the usual and customary amount.</td>
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</table>

**H. Home Health Services**

- Home health care as an alternative to facility or clinic based care
  - 100% of eligible charges after the deductible.
  - 55% of eligible charges after the deductible.

The Plan covers skilled home health services that are directed by a physician and received from a licensed Home Health Care Agency. Services may include: skilled care; physical therapy; occupational therapy; speech therapy; respiratory therapy; home health care as an alternative to facility or clinic based care and other medically necessary therapeutic services that are rendered in your home.

In order for services to be received in your home, you must be homebound, or the Plan Administrator must determine the services are medically appropriate and the most cost effective to the Plan.

A health care service shall not be considered skilled care merely because it is performed by, or under the direct supervision of, a licensed registered nurse. Where a health care service (such as tracheotomy suctioning or ventilator monitoring or like services) can be safely and effectively performed by a non-medical person, or self-administered, without the direct supervision of a licensed registered nurse, the health care service shall not be regarded as skilled care, whether or not a skilled nurse actually provides the service. The unavailability of a competent person to provide a non-skilled service shall not make it a skilled service when a skilled nurse provides it. Only the skilled nursing component of “blended” services (i.e., services that include skilled and non-skilled components) is covered under the Plan.

The Plan covers palliative care benefits if you are not homebound. Palliative care includes symptom management, education, and establishing goals of care.

**Exclusions:**

- Please see the section entitled “Exclusions.”
- Companion and home care services, unskilled nursing services, services provided by your family or a person who shares your legal residence.
- Health care services and other services provided as a substitute for a primary caregiver in the home.
- Health care services and other services that can be performed by a non-medical person or self-administered.
- Home health aides, unless determined to be medically necessary by the Plan Administrator.
- Health care services and other services provided in your home for convenience.
- Health care services and other services provided in your home due to lack of transportation.
- Custodial care.
- Health care services and other services at any site other than your home.
- Health care services and other services rendered by providers unlicensed or not certified by the appropriate state regulatory agency.
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<th>Benefits</th>
<th>Participating Provider Plan Payment</th>
<th>Non-Participating Provider Plan Payment</th>
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<tbody>
<tr>
<td></td>
<td>100% of eligible charges after the deductible.</td>
<td>Not covered.</td>
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### 1. Hospice Care

The *Plan* covers hospice services for terminally ill patients in a hospice program. The patient must meet the eligibility requirements of the program and elect to receive services through the hospice program. The services will be provided in the patient’s home or hospice center, with inpatient care available when *medically necessary*. Hospice services are in lieu of curative or restorative treatment.

**Eligibility.** In order to be eligible to be enrolled in the hospice program, *you* must:

- Be terminally ill with *physician* certification of six months or less to live; and
- Have chosen a palliative treatment focus (i.e., emphasizing comfort and supportive services rather than restorative treatment or treatment attempting to cure the disease or condition).

*You* may withdraw from the hospice program at any time.

Hospice services include the following services, if authorized in advance by the *Plan Administrator* and provided in accordance with an approved hospice treatment plan:

- Care provided in *your* home by an interdisciplinary hospice team (which may include a *physician*, nurse, social worker and spiritual counselor) and home health aide services;
- One or more periods of continuous care provided in *your* home or in a setting that provides day care for pain or symptom management by a registered nurse, licensed practical nurse, or home health aide, when *medically necessary* as determined by the *Plan Administrator*;
- *Medically necessary* inpatient services;
- Respite care for caregivers in *your* home or in an appropriate setting. Respite care must be authorized in advance to give *your* primary caregivers (i.e., family members or friends) rest and/or relief when necessary in order to maintain *you* at home. Respite care is limited to five calendar days per episode while *you* are enrolled in the hospice program;
- *Medically necessary* medications for pain and symptom management;
- Durable medical equipment when authorized in advance and determined by the *Plan Administrator* to be *medically necessary*.

Continuous care is defined as two to 12 hours of service per calendar day provided by a registered nurse, licensed practical nurse, or home health aide during a period of crisis in order to maintain *you* in *your* home when *you* are terminally ill.

**Exclusions:**

- Please see the section entitled “Exclusions.”
- *Health care services* and other services provided by *your* family or a person who shares *your* legal residence.
- Respite or rest care except as specifically described in this section.
### Benefits

<table>
<thead>
<tr>
<th>Benefits</th>
<th>Participating Provider Plan Payment</th>
<th>Non-Participating Provider Plan Payment</th>
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<tbody>
<tr>
<td></td>
<td>100% of eligible charges after the deductible.</td>
<td>55% of eligible charges after the deductible.</td>
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<td>100% of eligible charges after the deductible.</td>
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<td></td>
<td>100% of eligible charges after the deductible.</td>
<td>55% of eligible charges after the deductible.</td>
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**Note:** For non-participating providers, in addition to any deductibles and coinsurance, you pay all charges that exceed the usual and customary amount.

### J. Hospital Services

**Outpatient Hospital Services, Ambulatory Care or Surgical Facility Services**

- 100% of eligible charges after the deductible.
- 55% of eligible charges after the deductible.

**Outpatient Hospital, Partial Hospital, and Rehabilitation Services in a Day Hospital Program for Mental and Substance Use Related Disorders**

- 100% of eligible charges after the deductible.
- 55% of eligible charges after the deductible.

**Inpatient Hospital Services**

- 100% of eligible charges after the deductible.
- 55% of eligible charges after the deductible.

**Inpatient Hospital and Residential Treatment Facility Services for Mental and Substance Use Related Disorders**

- 100% of eligible charges after the deductible.
- 55% of eligible charges after the deductible.

Notify Customer Service of an admission to an inpatient facility within 48 hours or as soon as reasonably possible.

### Outpatient Hospital, Ambulatory Care, Surgical Facility Services, Partial Hospital or Day Treatment Services

The Plan covers health care services authorized by a physician for the diagnosis or treatment of sickness or injury on an outpatient basis:

- Use of operating rooms or other outpatient departments, rooms or facilities;
- General nursing care, anesthesia, radiation therapy, prescription drugs or other medications administered during treatment, blood and blood plasma, and other diagnostic or treatment related outpatient services;
- Mental health and substance use related disorder services, such as:
  - An initial court-ordered exam for a covered dependent age 18 and under;
  - Outpatient professional services for evaluation and diagnostic services, crisis intervention, therapeutic services including psychiatric services and treatment of mental and nervous conditions;
  - Diagnosis and treatment of substance-related conditions including evaluations, diagnostic services, therapeutic services and psychiatric services;
  - Outpatient individual and group therapy;
  - Outpatient family therapy that is recommended by a designated provider treating a minor covered dependent child; and
  - Medication management.
- Laboratory tests, pathology and radiology;
- Physician and other professional medical and surgical services rendered while an outpatient; and
- Medically necessary genetic testing determined by TPA to be covered services if it is determined that: 1) the covered person displays clinical features, or is at direct risk of inheriting the mutation in question (presymptomatic); and 2) the result of the test will directly impact the current treatment being delivered to the covered person; and 3) after history, physical examination and completion of conventional diagnostic studies, a definitive diagnosis remains uncertain and a valid specific test exists for the suspected condition.
The Plan also covers preventive health care services. These preventive services will be covered as shown in the Preventive Health Care Services section of this SPD.

**Inpatient Services.** The Plan covers health care services authorized by a physician for the treatment of acute sickness or injury that requires the level of care only available in an acute care facility, hospital or residential treatment facility. Inpatient services include, but are not limited to:

- Room and board;
- The use of operating rooms, intensive care facilities, newborn nursery facilities;
- General nursing care, anesthesia, radiation therapy, prescription drugs or other medications administered during treatment, blood and blood plasma and other diagnostic or treatment related inpatient services;
- Physician and other professional medical and surgical services;
- Mental health and substance use related disorder services;
- Laboratory tests, pathology and radiology; and
- For a ventilator-dependent patient, up to 120 hours of services provided by a private-duty nurse or personal care assistant solely for the purpose of communication or interpretation for the patient.

The Plan covers a semi-private room. Benefits for a private room are available only when the private room is medically necessary for a sickness or injury or if it is the only option available at the admitted facility. If you choose a private room when it is not medically necessary, Plan payment toward the cost of the room shall be based on the average semi-private room rate in that facility.

**Emergency Services that Lead to an Inpatient Admission**

If you were incapacitated in a manner that prevented you from providing the required notice described under “Emergency Room Services,” or if you are a minor and your parent (or guardian) was not aware of your admission, then the time period begins when the incapacity is removed, or when your parent (or guardian) is made aware of the admission. You are considered incapacitated only when: (1) you are physically or mentally unable to provide the required notice; and (2) you are unable to provide the notice through another person.

**Statement of Rights Under the Newborns’ and Mothers’ Health Protection Act**

Under federal law, group health plans and health insurance issuers offering group health insurance coverage generally may not restrict benefits for any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a delivery by cesarean section. However, the group health plan or health issuer may pay for a shorter stay if the attending provider (e.g., your physician, nurse midwife, or physician assistant), after consultation with the mother, discharges the mother or newborn earlier.

Also, under federal law, group health plans or health issuers may not set the level of benefits or out-of-pocket costs so that any later portion of the 48-hour (or 96-hour) stay is treated in a manner less favorable to the mother or newborn than any earlier portion of the stay.

In addition, a group health plan or health issuer may not, under federal law, require that a physician or other health care provider obtain authorization for prescribing a length of stay of up to 48 hours (or 96 hours).

**Exclusions:**

- Please see the section entitled “Exclusions.”
- Travel, transportation, other than ambulance transportation, and/or living expenses, except as covered under this SPD.
- Hospitalization, transportation, supplies, or medical services, including physicians’ services furnished by the U.S. Government or by an institution operated by the U.S. Government, unless payment is required in accordance with applicable law.
- Nutritional counseling, except when:
  1. Provided during a confinement; or
  2. Provided in a physician’s office, clinic system or hospital setting:
     i. For the diagnosis and treatment of diabetes; or
     ii. For the diagnosis of an eating disorder; or
     iii. For treatment of an eating disorder by an eating disorder treatment program; or
     iv. To a covered person who has been diagnosed by a physician with a chronic medical condition; or
     v. As counseling that is treated as a preventive health care service.
• Private room, except when medically necessary or if it is the only option available at the admitted facility.
• Non-emergency ambulance service from hospital to hospital, such as transfers and admissions to hospitals performed only for convenience.
• Health care services to treat conditions that are cosmetic in nature.
• Orthoptics.
• Refractive surgery (e.g. lasik) for ophthalmic conditions that are correctable by contacts or glasses.
• Health care services and associated expenses for gender reassignment, except when medically necessary.
• Genetic testing and associated health care services, except as covered under this SPD.
• Hypnosis and chelation therapy, except chelation therapy will be covered when medically necessary for the treatment of heavy metal poisoning.
• Routine foot care, unless required due to blindness, diabetes, or peripheral vascular disease.
• Autopsies, unless requested by the Plan Administrator.
• Bariatric surgery and complications from a prior bariatric surgery.
• Marital counseling, relationship counseling, family counseling except as otherwise described in this SPD, or other similar counseling or training services.
• Health care services to hold or confine a covered person under chemical influence when no medically necessary services are required, regardless of where the services are received (e.g. detoxification centers).
• Early autism spectrum disorder behavioral interventions for children including but not limited to Lovaas therapy, applied behavioral analysis, discrete trial training, and intensive intervention programs.
• Counseling, studies, health care services or confinements ordered by a court or law enforcement officer that are not determined to be medically necessary by the Plan Administrator.
• Treatment of compulsive gambling.
• Biofeedback.
• Surgical treatments and procedures to treat one-sided deafness.
• Growth hormone therapy prescribed for children due to short stature only, or for adults with no documented significant deficiency of growth hormone.
• Tobacco cessation intervention programs and associated health care services, except when covered as preventive health care services.
K. Infertility Services

- **Diagnostic Services Only**
  
  See “Office Visits” and “Hospital Services.”

This Plan covers only the professional services necessary to diagnose infertility and the related tests, facility charges, and laboratory work related to eligible services. **Services for the treatment of infertility are not eligible for coverage under this Plan.**

**Exclusions:**

- Please see the section entitled “Exclusions.”
- All services related to the treatment of infertility.
- Artificially assisted technology such as, but not limited to, artificial insemination (AI) and intrauterine insemination (IUI).
- In vitro fertilization.
- Gamete and zygote intrafallopian transfer (GIFT and ZIFT) procedures.
- Intracytoplasmic sperm injection (ICSI).
- Sperm, ova or embryo acquisition, retrieval or storage.
- Reversal of voluntary sterilization.
- Prescription drugs, including oral, implantable and injectable drugs for infertility.
- Adoption costs.
The Plan covers office visits and urgent care center, web based (online) convenience care, and designated convenience care center visits related to diagnosis, care, or treatment of medical, mental health, and substance use related conditions, sickness, or injury:

- Outpatient professional services for evaluation, diagnosis, crisis intervention, therapy, including medically necessary group therapy, psychiatric services, and treatment of mental and nervous disorders; and
- Diagnosis and treatment of substance use related disorders, including evaluation, diagnosis, therapy and psychiatric services.
- Laboratory tests, pathology and radiology.
- Allergy injections.
- Contact lenses prescribed as medically necessary for the treatment of keratoconus. The lenses and fitting are eligible charges under the Durable Medical Equipment (DME) benefit. Covered persons must pay for lens replacement.
- Surgical service performed during an office visit.
- Oral surgery is covered for: 1) treatment of oral neoplasm and non-dental cysts; 2) fracture of the jaws; and 3) trauma to the mouth and jaws.
- Treatment of confirmed, existing temporomandibular disorder (TMD) and craniomandibular disorder (CMD). Dental services required to directly treat TMD or CMD are eligible. TMD splints are eligible charges under the Durable Medical Equipment (DME) benefit.
- Port wine stain treatment to lighten or remove the coloration.
- Diabetic outpatient self-management training and educational services.
- An emergency examination of a child ordered by judicial authorities.
- Medically necessary genetic testing determined by TPA to be covered services if it is determined that: 1) the covered person displays clinical features, or is at direct risk of inheriting the mutation in question (presymptomatic); and 2) the result of the test will directly impact the current treatment being delivered to the covered person; and 3) after history, physical examination and completion of conventional diagnostic studies, a definitive diagnosis remains uncertain and a valid specific test exists for the suspected condition.

The Plan also covers preventive health care services. These preventive services will be covered as shown in the Preventive Health Care Services section of this SPD.

Exclusions:

- Please see the section entitled “Exclusions.”
- Services, seminars, or programs that are primarily educational in nature.
- Health education, except when:
  1. Provided during an office visit for non-preventive health care services; or
  2. It is counseling which is treated as a preventive health care service.
- Tobacco cessation intervention programs and services, except when covered as preventive health care services.
• Nutritional counseling, except when:
  1. Provided during a confinement; or
  2. Provided in a physician’s office, clinic system or hospital setting:
     i. For the diagnosis and treatment of diabetes; or
     ii. For the diagnosis of an eating disorder; or
     iii. For treatment of an eating disorder by an eating disorder treatment program; or
     iv. To a covered person who has been diagnosed by a physician with a chronic medical condition; or
     v. As counseling that is treated as a preventive health care service.

• Professional sign language and foreign language interpreter services in a provider’s office.

• Exams, other evaluations and/or services for employment, insurance, licensure, judicial or administrative proceedings or research, except as otherwise covered under this SPD or as preventive health care services.

• Charges for duplicating and obtaining medical records from non-participating providers, unless requested by the Plan Administrator.

• Genetic testing and associated health care services, except as covered under this SPD.

• Hypnosis and chelation therapy, except chelation therapy will be covered when medically necessary for the treatment of heavy metal poisoning.

• Routine foot care, unless required due to blindness, diabetes, or peripheral vascular disease.

• Treatment of cleft lip and cleft palate for a covered person age 18 and older.

• Vision therapy/orthoptics.

• Health care services provided by an audiologist that are not provided in an office setting.

• Marital counseling, relationship counseling, family counseling except as otherwise covered in this SPD, or other similar counseling or training services.

• Counseling, studies, health care services or confinements ordered by a court or law enforcement officer that are not determined to be medically necessary by the Plan Administrator.

• Biofeedback.

• Surgical treatments and procedures to treat one-sided deafness.

• Growth hormone therapy prescribed for children due to short stature only, or for adults with no documented significant deficiency of growth hormone.

• Oral, injectable and insertable contraceptives and contraceptive devices.
<table>
<thead>
<tr>
<th>Benefits</th>
<th>Designated Transplant Network Provider</th>
<th>Non-Designated Transplant Network Provider</th>
</tr>
</thead>
<tbody>
<tr>
<td>M. Organ and Bone Marrow Transplant Services</td>
<td>100% of eligible charges after the deductible.</td>
<td>55% of eligible charges after the deductible for services received from a participating provider that is not a designated transplant network provider.</td>
</tr>
<tr>
<td>• Travel Services</td>
<td>100% of eligible charges after the deductible.</td>
<td>Not covered.</td>
</tr>
<tr>
<td>A covered person who lives 50 miles or more from the designated transplant center is eligible for reimbursement for travel and lodging expenses for him/herself and one companion.</td>
<td>Travel service benefits are limited to a maximum Plan payment of $50 per day and $5,000 per transplant for the covered person and one companion. Coverage includes all transportation and lodging expenses combined.</td>
<td></td>
</tr>
</tbody>
</table>

The Plan covers eligible transplant services that are determined by the Plan Administrator to be medically necessary and not investigative. It is recommended that you follow the prior authorization procedure described in Section VI., Benefit Schedule.

Coverage for organ transplants, bone marrow transplants and bone marrow rescue services is subject to periodic review. The Plan Administrator evaluates transplant services for therapeutic treatment and safety. This evaluation continues at least annually or as new information becomes available and it results in specific guidelines about benefits for transplant services. You may call the TPA at the telephone number listed inside the front cover for information about these guidelines.

Benefits may be available for the following transplants when the transplant meets the definition of a covered service and is not investigative:

- Bone marrow transplants and peripheral stem cell transplants with or without high dose chemotherapy.
- Heart transplants.
- Heart/lung transplants.
- Lung transplants.
- Kidney transplants.
- Kidney/pancreas transplants.
- Liver transplants.
- Pancreas transplants.
- Small bowel transplants.

Transplant coverage includes a private room and all related post-surgical treatment and drugs. The transplant related treatment provided shall be subject to and in accordance with the provisions, limitations and other terms of this SPD.

Medical and hospital expenses of the donor are covered only when the recipient is a covered person and the transplant has been authorized in advance by the Plan Administrator. Treatment of medical complications that may occur to the donor are not covered.

Exclusions:

- Please see the section entitled “Exclusions.”
- Health care services related to organ, tissue and bone marrow transplants and stem cell support procedures or peripheral stem cell support procedures that are investigative for your condition.
- Health care services related to non-human organ implants.
- Health care services related to human organ transplants not specifically approved as medically necessary by the Plan Administrator.
- Non-emergency ambulance service from hospital to hospital such as transfers and admission to hospitals performed only for convenience.
- Treatment of medical complications to a donor after procurement of a transplanted organ.
- Computer search for donors.
- Private collection and storage of blood and umbilical cord/umbilical cord blood, unless related to scheduled future covered services.
- Health care services for or in connection with fetal tissue transplantation, except for non-investigative stem cell transplants.
- Organ or tissue transplants or surgical implantation of mechanical devices functioning as a human organ, excluding surgical implantation of U.S. Food and Drug Administration (FDA) approved ventricular assist devices.
- Transplant-related health care services from a non-participating provider.
<table>
<thead>
<tr>
<th>Benefits</th>
<th>Participating Provider Plan Payment</th>
<th>Non-Participating Provider Plan Payment</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Note: For non-participating providers, in addition to any deductibles and coinsurance, you pay all charges that exceed the usual and customary amount.</td>
<td></td>
</tr>
</tbody>
</table>

### N. Physical Therapy, Occupational Therapy, and Speech Therapy

Coverage is limited to maximum of eight visits per covered person per calendar year for sensory integration therapy for the treatment of feeding disorders.

See “Office Visits” and “Hospital Services.”

The **Plan** covers office visits and outpatient physical therapy (PT), occupational therapy (OT) and speech therapy (ST) for **rehabilitative care** rendered to treat a medical condition, sickness, or injury. The **Plan** also covers outpatient PT, OT and ST **habilitative therapy** for medically diagnosed conditions that have significantly limited the successful initiation of normal motor or speech development. Therapy must be ordered by a **physician**, **physician’s assistant**, or certified nurse practitioner, and the therapy must be provided by or under the direct supervision of a licensed physical therapist, occupational therapist, or speech therapist for appropriate services within their scope of practice. Coverage is limited to **rehabilitative care** or **habilitative therapy** that demonstrates measurable functional improvement within a reasonable period of time.

### Exclusions:

- Please see the section entitled “Exclusions.”
- **Custodial care** or maintenance care.
- Therapy provided in your home for convenience.
- Therapy for the treatment of articulation or phonological disorders.
- Therapy for treatment of stuttering.
- Therapy for conditions that are self-correcting.
- Services which do not demonstrate measurable and sustainable improvement within two weeks to three months, depending on the physical and mental capacities of the individual.
- Voice training and voice therapy.
- Secretin infusion therapy.
- **Investigative** therapies for the treatment of autism.
- Sensory integration therapy when used for a reason other than the treatment of feeding disorders.
- Group therapy for PT, OT, and ST.
- **Health care services** for homeopathy and immunoaugmentative therapy.
### Benefits

<table>
<thead>
<tr>
<th>Participating Provider Plan Payment</th>
<th>Non-Participating Provider Plan Payment</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>O. Prescription Drug Services</strong></td>
<td><strong>Coverage includes prescription drugs dispensed at a pharmacy.</strong></td>
</tr>
<tr>
<td>Benefits</td>
<td>Benefits for specialty drugs and/or injectable drugs, are as described in this section, regardless of the place of service where the specialty drug and/or injectable drug is dispensed or administered.</td>
</tr>
<tr>
<td>Note: For non-participating providers, in addition to any deductibles and coinsurance, you pay all charges that exceed the usual and customary amount.</td>
<td></td>
</tr>
<tr>
<td>• Up to a 31-day supply</td>
<td>100% of eligible charges after the deductible.</td>
</tr>
<tr>
<td>• Up to a 31-day supply for one type of insulin</td>
<td>100% of eligible charges after the deductible.</td>
</tr>
<tr>
<td>• Prescription drugs and/or prescribed over-the-counter drugs for tobacco cessation, Prescription drugs for tobacco cessation in this Prescription Drug Services section will be covered following the exhaustion of the preventive health care services benefit.</td>
<td></td>
</tr>
<tr>
<td>• Mail order prescription drugs, up to a 93-day supply</td>
<td>100% of eligible charges after the deductible.</td>
</tr>
<tr>
<td>• Prescription drugs obtained from a Retail/Maintenance Drug Pharmacy, up to a 93-day supply</td>
<td>Not covered.</td>
</tr>
<tr>
<td>• Diabetic supplies: Coverage includes over-the-counter diabetic supplies, including glucose monitors, syringes, blood and urine test strips, and other diabetic supplies as medically necessary</td>
<td>100% of eligible charges after the deductible.</td>
</tr>
</tbody>
</table>
- **Specialty drugs (excluding insulin)**
  - Up to a 31-day supply
  - Specialty drugs may be oral or injectable
  - Must be purchased through a specialty pharmacy
  - A list of specialty pharmacies may be obtained on the Plan’s website or by calling Customer Service
  - The list of specialty drugs may be revised from time to time without notice

- Injectable drugs that are neither specialty drugs, excluding insulin

- Prescribed over-the-counter drugs

<table>
<thead>
<tr>
<th>100% of eligible charges after the deductible.</th>
<th>Not covered.</th>
</tr>
</thead>
</table>

You may obtain a Retail/Maintenance supply of ongoing, long-term *prescription drugs* through the Retail/Maintenance Drug Pharmacy Network, which includes participating retail pharmacies. You may contact Customer Service to locate retail pharmacies participating in the Retail/Maintenance Drug Pharmacy Network.

For certain medical conditions, there is a need to manage the use of specific drugs before alternative (second line) drugs are prescribed for the same medical condition. This is known as step therapy. *Covered persons* in a step therapy program will need to meet the requirements of that program prior to receiving the second line drug. For information, you may call the TPA at the phone number listed on the inside front cover of this SPD. Step therapy can apply to *formulary or non-formulary* drugs. The Step Therapy list is subject to periodic review and modification by the Plan.

Certain drugs available over-the-counter are covered by the Plan as determined by the Plan Administrator. A list of such over-the-counter drugs is available upon request. Those over-the-counter drugs that are covered by the Plan will require a physician’s prescription. To receive the Plan’s payment toward your over-the-counter drugs, you must present your prescription at a participating pharmacy. You will be responsible for applicable coinsurance or deductible amounts.

Some dispensed *prescription drugs* require the use of quantity limits, which ensure that the quantity of each prescription remains consistent with clinical guidelines. The quantity limits list is subject to periodic review and modification by the Plan.

*Compounded drugs* will be covered provided that at least one active ingredient is a *prescription drug*. Payment for a compounded drug that has a commercially prepared product available that is identical to or similar to the compounded drug will be considered for coverage after documented failure of the commercially prepared product(s). A commercially prepared product is one that is available at the pharmacy in its final, usable form and does not need to be compounded at the pharmacy. The applicable benefit level will be applied. *Compounded drugs* containing any product that is excluded by the Plan will not be covered including dosages and route of administration that have not been approved by the FDA. *Compounded drugs* will be covered according to the covered person’s pharmacy network benefits. If a non-participating provider pharmacy is used to obtain the compounded prescription, the non-participating provider benefits will apply without exception.

**Off-label use of drugs.** Off-label use of drugs, provided that they are not *investigative*, are covered when:

1. A drug is recognized as appropriate for cancer treatment in the National Comprehensive Cancer Network Drugs and Biologics Compendium; or
2. A drug is deemed appropriate for its proposed use by any authoritative compendia identified by the Medicare program, and/or in an article from a major peer reviewed medical journal, provided that such article uses generally acceptable scientific standards other than case-reports.

Prior authorization. Certain prescription drugs require prior authorization before you can have your prescription filled at the pharmacy. These prescription drugs include, but are not limited to:
- Specialty drugs.

For information, you may call the TPA at the phone number listed on the inside front cover of this SPD.

Exclusions:
- Please see the section entitled “Exclusions.”
- Compounded drugs that are being used for bio-identical hormone replacement therapy, unless otherwise covered.
- Replacement of a prescription drug due to loss, damage, or theft.
- Certain combination drugs and other drugs will not be covered according to the Plan’s pharmacy policy titled “Cost Benefit Program.” Contact Customer Service for a copy of this policy or a list of the affected drugs. This policy is subject to change.
- Over-the-counter drugs with or without a physician’s prescription, except as covered under this SPD.
- Over-the-counter home testing products, except as covered under this SPD.
- Drugs not approved by the FDA and drugs not approved by the FDA for a particular use, except off-label drugs used for the treatment of cancer or when the Plan Administrator, at its sole discretion, determines to include the drug on its formulary or approves coverage of the drug for the particular use.
- Take home drugs when dispensed by a physician.
- Weight loss drugs.
- Prescriptions written by a dentist, unless in connection with dental procedures covered under this Plan.
- Drugs used for cosmetic purposes.
- Unit dose packaging per request of the covered person.
- Prescription drugs for the treatment of infertility.
- Prescription drugs to treat sexual dysfunction.
- Prescription drugs if purchased by mail order through a program not administered by the Plan's pharmacy vendor.
- Non-FDA approved mechanism of delivery (e.g., medication that is FDA approved for oral use, but is being applied topically).
- Drugs that are given or administered as part of a drug manufacturer's study.
- Off-label use of drugs, determined to be investigative.
- Growth hormone therapy prescribed for children due to short stature only, or for adults with no documented significant deficiency of growth hormone.
- Specialty drugs received from a non-participating provider pharmacy.
- Prescribed or non-prescribed vitamins or minerals including over-the-counter, unless covered as preventive health care services.
- Oral, injectable and insertable contraceptives and contraceptive devices.
<table>
<thead>
<tr>
<th>Benefits</th>
<th>Participating Provider Plan Payment</th>
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</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td><strong>Note:</strong> For non-participating providers, in addition to any deductibles and coinsurance, you pay all charges that exceed the usual and customary amount.</td>
</tr>
</tbody>
</table>

### P. Preventive Health Care Services

The Plan covers preventive services required by the Affordable Care Act that you receive during the calendar year. These services and their frequency and time frames are stated in the Preventive Health Care Services Schedule (“Schedule”). The Schedule may be amended, from time to time, on a prospective basis, and is available on the TPA’s member website at www.preferredone.com or by contacting Customer Service.

The Schedule includes certain routine services such as:
- Counseling for certain conditions.
- Routine immunizations.
- Routine laboratory tests, pathology and radiology.
- Routine physical examinations.
- Routine screenings for certain cancers and certain other conditions.

**Note:** If any of the services listed above are prenatal or child health supervision services, see below for further benefit information.

- Tobacco cessation intervention programs.
  - Tobacco cessation counseling;
  - Tobacco cessation prescription drugs.

<table>
<thead>
<tr>
<th>Preventive Health care services that are in Addition to Those Required by the Affordable Care Act:</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Routine eye examination, limited to one exam per covered person per calendar year.</td>
</tr>
</tbody>
</table>
|   100% of eligible charges.  
   **Deductible does not apply.** |
|   55% of eligible charges after the deductible. |
| • Routine hearing examination, limited to one exam per covered person per calendar year. |
|   100% of eligible charges.  
   **Deductible does not apply.** |
|   55% of eligible charges after the deductible. |
| • Routine prenatal care services. |
|   100% of eligible charges.  
   **Deductible does not apply.** |
|   100% of eligible charges.  
   **Deductible does not apply.** |
- One routine postnatal care exam that includes a health exam, assessment, education and counseling provided during the period immediately after childbirth.  
  100% of eligible charges.  
  Deductible does not apply.  
  100% of eligible charges.  
  Deductible does not apply.

- School physicals.  
  100% of eligible charges.  
  Deductible does not apply.  
  55% of eligible charges after the deductible.

- Child health supervision services (as defined below).  
  100% of eligible charges.  
  Deductible does not apply.  
  100% of eligible charges.  
  Deductible does not apply.

Female covered persons may obtain annual preventive health examinations and prenatal screenings from obstetricians and gynecologists in the participating provider network, without a referral from another physician or prior approval from the Plan.

Child health supervision services includes pediatric preventive services, developmental assessments, and laboratory services appropriate to the age of a child from birth to age six, and appropriate immunizations, up to age 18. Coverage includes at least five child health supervision visits from birth to 12 months, three child health supervision visits from 12 months to 24 months, and once a year from 24 months to 72 months.

**Exclusions:**

- Please see the section entitled “Exclusions.”
- Any health care service performed during or in conjunction with an annual or periodic wellness exam that exceeds the services described in this section of the SPD.
- Electronic cigarettes, e-cigarettes, personal vaporizers, and similar forms of nicotine delivery systems.
- Non-preventive health care services are not covered under this section of the SPD.
- Non-routine health care services, including but not limited to non-routine prenatal services, are not covered under this section of the SPD.
- Tobacco cessation intervention programs and health care services, except as covered under the SPD.
- Prescription drugs and prescribed OTC drugs for tobacco cessation, except as covered under the SPD.
<table>
<thead>
<tr>
<th>Benefits</th>
<th>Participating Provider Plan Payment</th>
<th>Non-Participating Provider Plan Payment</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Note: For non-participating providers, in addition to any deductibles and coinsurance, you pay all charges that exceed the usual and customary amount.</td>
<td></td>
</tr>
</tbody>
</table>

Q. **Reconstructive Surgery**

See “Office Visits” and “Hospital Services.”

<table>
<thead>
<tr>
<th>The Plan covers medically necessary reconstructive surgery due to sickness, accident, or congenital anomaly. Eligible charges include eligible hospital, physician, laboratory, pathology, radiology, and facility charges. Contact Customer Service to determine if a specific procedure is covered.</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>Reconstructive surgery following a mastectomy includes the following:</em></td>
</tr>
<tr>
<td><em>• Reconstruction of the breast on which the mastectomy has been performed;</em></td>
</tr>
<tr>
<td><em>• Surgery and reconstruction of the other breast to produce symmetrical appearance;</em></td>
</tr>
<tr>
<td><em>• Prostheses; and</em></td>
</tr>
<tr>
<td><em>• Treatment of physical complications at all stages of mastectomy, including lymphedema.</em></td>
</tr>
<tr>
<td><em>Health care services will be determined in consultation with you and the attending physician. Such coverage will be subject to deductibles, coinsurance, and other Plan provisions.</em></td>
</tr>
<tr>
<td><em>Exclusions:</em></td>
</tr>
<tr>
<td><em>• Please see the section entitled “Exclusions.”</em></td>
</tr>
<tr>
<td><em>• Health care services and/or drugs to treat conditions that are cosmetic in nature.</em></td>
</tr>
</tbody>
</table>
### R. Skilled Nursing Facility Services

Coverage is limited to a maximum of 120 days per covered person per calendar year.

<table>
<thead>
<tr>
<th>Benefits</th>
<th>Participating Provider Plan Payment</th>
<th>Non-Participating Provider Plan Payment</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>100% of eligible charges after the deductible.</td>
<td>55% of eligible charges after the deductible.</td>
</tr>
</tbody>
</table>

The Plan covers the eligible skilled nursing facility services for post-acute treatment and rehabilitative care of a sickness or injury. These services must be directed by a physician and authorized in advance by the Plan Administrator. It is recommended that you follow the prior authorization procedure described in Section VI., Benefit Schedule.

Skilled nursing facility services include room and board, daily skilled nursing and related ancillary services. The Plan Administrator determines when care no longer meets criteria for coverage.

The Plan covers a semi-private room. Benefits for a private room are available only when the private room is medically necessary for a sickness or injury or if it is the only option available at the admitted facility. If you choose a private room when it is not medically necessary, Plan payment toward the cost of the room shall be based on the average semi-private room rate in that facility. Only services that qualify as reimbursable under Medicare are eligible charges.

**Exclusions:**

- Please see the section entitled “Exclusions.”
- Hospitalization, transportation, supplies, or medical services, including physicians’ services furnished by the U.S. Government or by an institution operated by the U.S. Government, unless payment is required in accordance with applicable law.
- Private room, except when medically necessary or if it is the only option available at the admitted facility.
- Respite or custodial care.
VII. Exclusions

Many exclusions are interrelated so please read this entire section. The Plan will not cover charges incurred for any of the following services:

1. Health care services that the Plan Administrator determines are not medically necessary.
2. Health care services received before coverage under this Plan begins or after your coverage under this Plan ends.
3. Health care services that the Plan Administrator determines are investigative and their associated expenses.
4. Health care services not directly related to your care.
5. Health care services ordered or rendered by providers or para-professionals unlicensed by the appropriate state regulatory agency.
6. Health care services not rendered in the most cost-efficient setting or manner appropriate for the condition based on medical standards and accepted practice parameters of the community, or provided at a frequency other than that accepted by the medical community as medically appropriate.
7. Charges for health care services determined to be duplicate services by the Plan Administrator.
8. Charges that exceed the usual and customary amount.
9. Health care services prohibited by law or regulation, or illegal under applicable laws.
10. Charges for health care services that are eligible for payment under any insurance policy, including auto insurance, or under a Workers’ Compensation law, employer liability law or any similar law.
11. Health care services that are paid or payable under Medicare Part B but only to the extent you are eligible to be covered under Medicare Part B and you and/or this Plan are not subject to Medicare secondary rules.
12. Non-emergency services received outside the United States.
14. Contact lenses and their related fittings, except when prescribed as medically necessary for the treatment of keratoconus.
15. Health care services or items for personal comfort or convenience.
16. Any health care services provided by a relative (i.e., a spouse, or a parent, brother, sister, or child of the covered employee or of the covered employee’s spouse) or anyone who customarily lives in the covered employee’s household.
17. Health care services provided by certified surgical technicians, certified surgical assistants, first surgical assistants, or orthopedic technicians.
18. Health care services provided by massage therapists, doulas and personal trainers.
19. Health care services of providers who have not completed professional level education and licensure as determined by the Plan.
20. Sexual devices, health care services for the treatment of sexual dysfunction, except as otherwise covered in this SPD.
21. Erectile dysfunction prescription drugs, unless otherwise covered in this SPD or approved for other use by any authoritative compendia identified by the Medicare program, and/or in an article from a major peer reviewed medical journal, provided that such article uses generally acceptable scientific standards other than case-reports.
22. Charges for medical services that are paid or payable under any auto insurance policy, which covers the covered person, or for which the covered person is required by law to enroll.

23. Procedures that are generally cosmetic, or for convenience or comfort reasons, as listed on the Plan’s Cosmetic Procedures Policy. This policy may be obtained by calling Customer Service.

24. Orthognathic surgery, unless medically necessary.

25. Massage therapy.

26. Telephone consultations, except when provided by the Plan’s designated online care participating provider.

27. Alternative therapies such as aromatherapy and reflexology.

28. Vocational rehabilitation.

29. Drugs, medical devices, or therapies that are approved only for compassionate use by the U.S. Food and Drug Administration.

30. Homeopathic medicine, including dietary supplements.

31. Holistic medicine and services.

32. Light-based treatments for acne.

33. Elective abortion, except in situations where the life of the mother would be endangered if the fetus is carried to full term.

34. Acupuncture, except for treatment in a chronic pain program or for the prevention and treatment of nausea associated with surgery, chemotherapy, or pregnancy. Services must be rendered by a licensed acupuncture practitioner or a provider licensed or trained in acupuncture.

35. Charges billed by providers that are not in compliance with generally accepted guidelines established by the Centers for Medicare & Medicaid Services (CMS) and/or the TPA’s policies.

36. Sickness or injury that results from:
   • Engaging in an illegal act or the attempt to engage in a felony act, whether or not the individual is formally charged or convicted of such an act. This exclusion does not apply to any sickness or injury that is a result of an act of domestic violence or results from a medical condition, such as alcoholism.
   • Voluntary participation in a riot, insurrection, or civil disobedience.
   • War or any act of war. “War” means declared or undeclared war and includes acts of terrorism.

37. Sickness or injury that results from self-inflicted injury (other than suicide or attempted suicide). This exclusion does not apply to any sickness or injury that is a result of an act of domestic violence or results from a medical condition, such as depression.

38. Health care services including facility charges performed in a non-participating provider free-standing birth center unattached to a hospital facility.

39. Costs associated with clinical trials that are not routine patient costs.

40. Health care services associated with non-covered services, including, but not limited to, diagnostic tests, monitoring, laboratory services, drugs and supplies.

41. Health care services and certifications when required by third parties, including for purposes of insurance, legal proceedings, licensure and employment, and when such services are not preventive care or otherwise medically necessary, such as custody evaluations, vocational assessments, reports to the court, parenting assessments, risk assessments for sexual offenses, education classes for driving under the influence/driving while intoxicated, competency evaluations, and adoption studies.

42. Services provided to you if you also have other primary insurance coverage for those services and you do not provide the Plan with the necessary information to pursue coordination of benefits, as required under this SPD.
43. Professional services associated with a substance use intervention. A “substance use intervention” is a gathering of family and/or friends to encourage you to seek substance use treatment.

44. Halfway houses, residential treatment facility services (except as otherwise covered under this SPD), extended care facilities or comparable facilities, foster care, adult foster care, and family child care provided or arranged by the local state or county agency.

45. Sterilization.

46. Sterilization reversals.

47. Nutritional and food supplements, except as covered under this SPD.


49. Health care services for maternity labor and delivery in the home.

50. Health club memberships.

51. Recreational, educational, or self-help therapy or items primarily educational in nature or for vocation, comfort, convenience or recreation. Recreation therapy is therapy provided solely for the purpose of recreation, including, but not limited to: a) physical therapy or occupational therapy to improve athletic ability, and b) braces or guards to prevent sports injuries.

52. Nutritional and food supplements related to weight loss programs.

53. Weight loss drugs.

54. Any weight loss programs and related health care services that are not otherwise covered as preventive health care services.

55. Non-FDA approved use of medical marijuana, cannabis or tetrahydrocannabinol (THC).

56. Health care services related to surrogate pregnancy for a person who is not a covered person under this SPD.

57. Health care services and associated expenses for gender reassignment, except when medically necessary.

58. Charges for health care services (a) for which a charge would not have been made in the absence of health insurance, or (b) for which you are not legally obligated to pay, and/or (c) from providers who waive any coinsurance or deductible that you are required to pay under this SPD.

59. Contraceptives and contraceptive devices.

The following exclusions are repeated from Section VI., “Benefit Schedule”:

*For ease of reference, some exclusions may contain headings for categories of benefit services and supplies. Please note that, exclusions listed under all categories of benefit services and supplies shall apply to all services and supplies, regardless of the heading under which they are listed.

60. Ambulance Services:
   • See all exclusions.*
   • Non-emergency ambulance service from hospital to hospital such as transfers and admission to hospitals performed only for convenience.

61. Chiropractic Services:
   • See all exclusions.*
   • Blood, urine, or hair analysis related to chiropractic services.
   • Performance of ultrasound, MRI, EMG, waveform and nuclear medicine diagnostic studies or other advanced imaging.
• Manipulation under anesthesia related to chiropractic services.

62. Dental Services:
• See all exclusions.*
• Dental services covered under your dental plan.
• Preventive dental procedures.
• Health care services or dental services, orthodontia and all associated expenses, except as stated in this section.
• Surgical extraction of impacted wisdom teeth.
• Health care services or dental services for cracked or broken teeth that result from biting, chewing, disease, or decay.
• Dental implants.
• Prescriptions written by a dentist, unless in connection with dental procedures covered under this Plan.
• Dental services related to periodontal disease.
• Occlusal adjustment or occlusal equilibration.
• Treatment of bruxism.

63. Durable Medical Equipment (DME), Services, and Prosthetics:
• See all exclusions.*
• Any durable medical equipment or supplies not listed as eligible on the Plan’s durable medical list, or as determined by the Plan Administrator.
• Disposable supplies or non-durable supplies and appliances, including those associated with equipment determined not to be eligible for coverage.
• Durable equipment necessary for the operation of equipment determined not to be eligible for coverage.
• Revision of durable medical equipment and prosthetics, except when made necessary by normal wear or use.
• Replacement or repair of items when damaged or destroyed by misuse, abuse, or carelessness, lost, or stolen.
• Duplicate or similar items.
• Hearing aids, devices to improve hearing and related fittings or health care services, except as covered under this SPD.
• Communication aids or devices; equipment to create, replace or augment communication abilities including, but not limited to, speech processors, receivers, communication board, or computer or electronic assisted communication.
• Household equipment, household fixtures and modifications to the structure of the home, escalators or elevators, ramps, swimming pools, whirlpools, hot tubs and saunas, wiring, plumbing or charges for installation of equipment, exercise cycles, air purifiers, central or unit air conditioners, water purifiers, hypo-allergenic pillows, mattresses or waterbeds.
• Vehicle/car or van modifications including, but not limited to, handbrakes, hydraulic lifts and car carrier.
• Over-the-counter orthotics and appliances.
• Custom molded foot orthotics, unless you have diabetes or peripheral vascular disease.
• Other equipment and supplies and oral nutritional and electrolyte substances that the Plan Administrator determines are not eligible for coverage.
• Charges for sales tax, mailing or delivery.
• Durable medical equipment, orthotics and prosthetics that are necessary for activities beyond activities of daily living (ADL’s).
• Upgrades to or replacement of any items that are considered eligible charges and covered under this SPD, unless the item is no longer functional and is not repairable.
• Wigs for conditions other than alopecia areata.

64. Emergency Room Services:
• See all exclusions.*
• Non-emergency services received in an emergency room.

65. Home Health Services:
• See all exclusions.*
• Companion and home care services, unskilled nursing services, services provided by your family or a person who shares your legal residence.
• Health care services and other services provided as a substitute for a primary caregiver in the home.
• Health care services and other services that can be performed by a non-medical person or self-administered.
• Home health aides, unless determined to be medically necessary by the Plan Administrator.
• Health care services and other services provided in your home for convenience.
66. Hospice Care:
   - See all exclusions.*
   - *Health care services and other services provided by your family or a person who shares your legal residence.
   - Respite or rest care, except as specifically described in this section.

67. Hospital Services:
   - See all exclusions.*
   - Travel, transportation, other than ambulance transportation, and/or living expenses, except as covered under this SPD.
   - Hospitalization, transportation, supplies, or medical services, including physicians’ services furnished by the U.S. Government or by an institution operated by the U.S. Government, unless payment is required in accordance with applicable law.
   - Nutritional counseling, except when:
     1. Provided during a confinement; or
     2. Provided in a physician’s office, clinic system or hospital setting:
        i. For the diagnosis and treatment of diabetes; or
        ii. For the diagnosis of an eating disorder; or
        iii. For treatment of an eating disorder by an eating disorder treatment program; or
        iv. To a covered person who has been diagnosed by a physician with a chronic medical condition; or
        v. As counseling that is treated as a preventive health care service.
   - Private room, except when medically necessary or if it is the only option available at the admitted facility.
   - Non-emergency ambulance service from hospital to hospital, such as transfers and admissions to hospitals performed only for convenience.
   - *Health care services to treat conditions that are cosmetic in nature.
   - Orthoptics.
   - Refractive surgery (e.g. lasik) for ophthalmic conditions that are correctable by contacts or glasses.
   - *Health care services and associated expenses for gender reassignment, except when medically necessary.
   - Genetic testing and associated health care services, except as covered under this SPD.
   - Hypnosis and chelation therapy, except chelation therapy will be covered when medically necessary for the treatment of heavy metal poisoning.
   - Routine foot care, unless required due to blindness, diabetes, or peripheral vascular disease.
   - Autopsies, unless requested by the Plan Administrator.
   - Bariatric surgery and complications from a prior bariatric surgery.
   - Marital counseling, relationship counseling, family counseling except as otherwise described in this SPD, or other similar counseling or training services.
   - *Health care services to hold or confine a covered person under chemical influence when no medically necessary services are required, regardless of where the services are received (e.g. detoxification centers).
   - Early autism spectrum disorder behavioral interventions for children including but not limited to Lovaas therapy, applied behavioral analysis, discrete trial training, and intensive intervention programs.
   - Counseling, studies, health care services or confinements ordered by a court or law enforcement officer that are not determined to be medically necessary by the Plan Administrator.
   - Treatment of compulsive gambling.
   - Biofeedback.
   - Surgical treatments and procedures to treat one-sided deafness.
   - Growth hormone therapy prescribed for children due to short stature only, or for adults with no documented significant deficiency of growth hormone.
   - Tobacco cessation intervention programs and associated health care services, except when covered as preventive health care services.

68. Infertility Services:
   - See all exclusions.*
   - All services related to the treatment of infertility.
   - Artificially assisted technology such as, but not limited to, artificial insemination (AI) and intrauterine insemination (IUI).
• In vitro fertilization.
• Gamete and zygote intrafallopian transfer (GIFT and ZIFT) procedures.
• Intracytoplasmic sperm injection (ICSI).
• Sperm, ova or embryo acquisition, retrieval or storage.
• Reversal of voluntary sterilization.
• *Prescription drugs*, including oral, implantable and injectable drugs for infertility.
• Adoption costs.

69. Office Visits:
• See all exclusions.*
• Services, seminars, or programs that are primarily *educational* in nature.
• Health education, except when:
  1. Provided during an office visit for non-*preventive health care services*; or
  2. It is counseling which is treated as a *preventive health care service*.
• Tobacco cessation intervention programs and services, except when covered as *preventive health care services*.
• Nutritional counseling, except when:
  1. Provided during a *confinement*; or
  2. Provided in a *physician’s* office, clinic system or *hospital* setting:
     i. For the diagnosis and treatment of diabetes; or
     ii. For the diagnosis of an eating disorder; or
     iii. For treatment of an eating disorder by an eating disorder treatment program; or
     iv. To a *covered person* who has been diagnosed by a *physician* with a chronic medical condition; or
     v. As counseling that is treated as a *preventive health care service*.
• Professional sign language and foreign language interpreter services in a *provider’s* office.
• Exams, other evaluations and/or services for employment, insurance, licensure, judicial or administrative proceedings or research, except as otherwise covered under this *SPD* or as *preventive health care services*.
• Charges for duplicating and obtaining medical records from *non-participating providers*, unless requested by the *Plan Administrator*.
• Genetic testing and associated *health care services*, except as covered under this *SPD*.
• Hypnosis and chelation therapy, except chelation therapy will be covered when *medically necessary* for the treatment of heavy metal poisoning.
• Routine foot care, unless required due to blindness, diabetes, or peripheral vascular disease.
• Treatment of cleft lip and cleft palate for a *covered person* age 18 and older.
• Vision therapy/orthoptics.
• *Health care services* provided by an audiologist that are not provided in an office setting.
• Marital counseling, relationship counseling, family counseling except as otherwise covered in this *SPD*, or other similar counseling or training services.
• Counseling, studies, *health care services* or *confinements* ordered by a court or law enforcement officer that are not determined to be *medically necessary* by the *Plan Administrator*.
• *Biofeedback*.
• Surgical treatments and procedures to treat one-sided deafness.
• Growth hormone therapy prescribed for children due to short stature only, or for adults with no documented significant deficiency of growth hormone.
• Oral, injectable and insertable contraceptives and contraceptive devices.

70. Organ and Bone Marrow *Transplant Services*:
• See all exclusions.*
• *Health care services* related to organ, tissue and bone marrow transplants and stem cell support procedures or peripheral stem cell support procedures that are *investigative* for your condition.
• *Health care services* related to non-human organ implants.
• *Health care services* related to human organ transplants not specifically approved as *medically necessary* by the *Plan Administrator*.
• Non-*emergency* ambulance service from *hospital* to *hospital* such as transfers and admission to *hospitals* performed only for convenience.
• Treatment of medical complications to a donor after procurement of a transplanted organ.
• Computer search for donors.
• Private collection and storage of blood and umbilical cord/umbilical cord blood, unless related to scheduled future *covered services*.
• *Health care services* for or in connection with fetal tissue transplantation, except for non-*investigative* stem cell transplants.
- Organ or tissue transplants or surgical implantation of mechanical devices functioning as a human organ, excluding surgical implantation of U.S. Food and Drug Administration (FDA) approved ventricular assist devices.
- Transplant-related health care services from a non-participating provider.

71. Physical Therapy, Occupational Therapy and Speech Therapy:
- See all exclusions.*
- Custodial care or maintenance care.
- Therapy provided in your home for convenience.
- Therapy for the treatment of articulation or phonological disorders.
- Therapy for treatment of stuttering.
- Therapy for conditions that are self-correcting.
- Services which do not demonstrate measurable and sustainable improvement within two weeks to three months, depending on the physical and mental capacities of the individual.
- Voice training and voice therapy.
- Secretin infusion therapy.
- Investigative therapies for the treatment of autism.
- Sensory integration therapy when used for a reason other than the treatment of feeding disorders.
- Group therapy for PT, OT and ST.
- Health care services for homeopathy and immunoaugmentative therapy.

72. Prescription Drug Services
- See all exclusions.*
- Compounded drugs that are being used for bio-identical hormone replacement therapy, unless otherwise covered.
- Replacement of a prescription drug due to loss, damage, or theft.
- Certain combination drugs and other drugs will not be covered according to the Plan’s pharmacy policy titled “Cost Benefit Program.” Contact Customer Service for a copy of this policy or a list of the affected drugs. This policy is subject to change.
- Over-the-counter drugs with or without a physician’s prescription, except as covered under this SPD.
- Over-the-counter home testing products, except as covered under this SPD.
- Drugs not approved by the FDA and drugs not approved by the FDA for a particular use, except off-label drugs used for the treatment of cancer or when the Plan Administrator, at its sole discretion, determines to include the drug on its formulary or approves coverage of the drug for the particular use.
- Take home drugs when dispensed by a physician.
- Weight loss drugs.
- Prescriptions written by a dentist, unless in connection with dental procedures covered under this Plan.
- Drugs used for cosmetic purposes.
- Unit dose packaging per request of the covered person.
- Prescription drugs for the treatment of infertility.
- Prescription drugs to treat sexual dysfunction.
- Prescription drugs if purchased by mail order through a program not administered by the Plan's pharmacy vendor.
- Non-FDA approved mechanism of delivery (e.g., medication that is FDA approved for oral use, but is being applied topically).
- Drugs that are given or administered as part of a drug manufacturer's study.
- Off-label use of drugs, determined to be investigative.
- Growth hormone therapy prescribed for children due to short stature only, or for adults with no documented significant deficiency of growth hormone.
- Specialty drugs received from a non-participating provider pharmacy.
- Prescribed or non-prescribed vitamins or minerals including over-the-counter, unless covered as preventive health care services.
- Oral, injectable and insertable contraceptives and contraceptive devices.
73. Preventive Health Care Services
   - See all exclusions.*
   - Any health care service performed during or in conjunction with an annual or periodic wellness exam that exceeds the services described in this section of the SPD.
   - Electronic cigarettes, e-cigarettes, personal vaporizers, and similar forms of nicotine delivery systems.
   - Non-preventive health care services are not covered under this section of the SPD.
   - Non-routine health care services, including but not limited to non-routine prenatal services, are not covered under this section of the SPD.
   - Tobacco cessation intervention programs and health care services, except as covered under the SPD.
   - Prescription drugs and prescribed OTC drugs for tobacco cessation, except as covered under the SPD.

74. Reconstructive Surgery:
   - See all exclusions.*
   - Health care services and/or drugs to treat conditions that are cosmetic in nature.

75. Skilled Nursing Facility Care:
   - See all exclusions.*
   - Hospitalization, transportation, supplies, or medical services, including physicians’ services furnished by the U.S. Government or by an institution operated by the U.S. Government, unless payment is required in accordance with applicable law.
   - Private room, except when medically necessary or if it is the only option available at the admitted facility.
   - Respite or custodial care.

VIII. Ending Your Coverage

Your coverage will terminate on the earliest of the following dates:
   - The date the Plan is terminated;
   - The end of the month in which the covered employee retires;
   - The end of the month in which your eligibility under the Plan ends;
   - The end of the month in which your written request to terminate coverage is received; unless the covered employee’s premium payments are paid on a pre-tax basis, as pre-tax premium payments can only cease when certain change in status events occur;
   - When you do not make your required contribution for coverage under the Plan. Termination will be retroactive to the last day for which your required contribution has been timely received; or
   - The date you, or someone acting on your behalf, have performed an act or practice that constitutes fraud or made an intentional misrepresentation (including an omission) of material fact under the terms of the Plan.

For a covered dependent child, coverage will terminate the end of the month in which the child is no longer eligible as a covered dependent. If your covered dependent child is disabled, coverage will end the end of the month in which the covered dependent child marries or is no longer disabled.
IX. Leaves of Absence

A. Family and Medical Leave Act (FMLA)

If you are absent from work due to an approved family or medical leave under the Family and Medical Leave Act of 1993 (FMLA), coverage may be continued for the duration of the approved leave of absence as if there was no interruption in employment. Such coverage will continue until the earlier of the expiration of such leave or the date you notify the Employer that you do not intend to return to work. You are responsible for all required contributions.

If you do not return after an approved leave of absence, coverage may be continued under the “COBRA Continuation Coverage” section, provided that you elect to continue under that provision. If the covered employee returns to work immediately following his/her approved FMLA leave, no new waiting periods will apply.

FMLA applies to employees of a covered employer that work at a worksite within 75 miles of where that employer employs at least 50 employees.

B. The Uniformed Services Employment and Reemployment Rights Act of 1994 (USERRA)

Continuation of Benefits. Covered employees who are absent due to service in the uniformed services and/or their covered dependents may continue coverage pursuant to USERRA for up to 24 months after the date the covered employee is first absent due to uniformed service duty.

Eligibility. A covered employee is eligible for continuation under USERRA if he or she is absent from employment because of voluntary or involuntary performance of duty in the Armed Forces, Army National Guard, Air National Guard or the commissioned corps of the Public Health Service. Duty includes absence for active duty, active duty for training, initial active duty for training, inactive duty training and for the purpose of an examination to determine fitness for duty.

Covered dependents who have coverage under the Plan immediately prior to the date of the covered employee’s covered absence are eligible to elect continuation under USERRA.

Upon the covered employee’s return to work immediately following his/her leave under USERRA, no new waiting periods will apply.

Premium Payment. If continuation of Plan coverage is elected under USERRA, the covered employee or covered dependent is responsible for payment of the applicable cost of coverage. If the covered employee is absent for not longer than 31 calendar days, the cost will be the amount the covered employee would otherwise pay for coverage. For absences exceeding 31 calendar days, the cost may be up to 102% of the cost of coverage under the Plan. This includes the covered employee’s share and any portion previously paid by the Employer.

Duration of Coverage. Elected continuation coverage under USERRA will continue until the earlier of:

1. Twenty-four months, beginning the first day of absence from employment due to service in the uniformed services;
2. The day after the covered employee fails to apply for or return to employment as required by USERRA, after completion of a period of service;
3. The early termination of USERRA continuation coverage due to the covered employee’s court-martial or dishonorable discharge from the uniformed services; or
4. The date on which this Plan is terminated.

The continuation available under USERRA does not affect continuation available under “COBRA Continuation Coverage.” Covered employees should contact their Employer with any questions regarding coverage normally available during a military leave of absence or continuation coverage and notify the Employer of any changes in marital status or a change of address.
Return to Work Requirements. Under USERRA a covered employee is entitled to return to work following an honorable discharge as follows:

1. Less than 31 days service: By the beginning of the first regularly scheduled work period after the end of the calendar day of duty, plus time required to return home safely and an eight-hour rest period.

2. Thirty-one to 180 days: The covered employee must apply for reemployment no later than 14 days after completion of military service.

3. One hundred and eighty-one days or more: The covered employee must apply for reemployment no later than 90 days after completion of military service.

4. Service-connected injury or illness: Reporting or application deadlines are extended for up to two years for persons who are hospitalized or convalescing.
X. **COBRA Continuation Coverage**

The *covered employee*, his/her covered spouse and covered dependent children may continue coverage under the *Plan* when a qualifying event occurs. *You* may elect COBRA for *yourself* regardless of whether the *covered employee* or other eligible dependents in *your* family elect COBRA. A *covered employee* and a covered spouse may elect COBRA on behalf of each other and/or their covered dependent children. If a loss of coverage qualifying event occurs:

1. In certain cases, the *covered employee* may continue his/her coverage and may also continue coverage for his/her covered spouse and covered dependent children when coverage would normally end;

2. In certain cases, the covered spouse and covered dependent children may continue coverage when coverage would normally end;

3. Coverage will be the same as that for other similar *covered persons*; and

4. Continuation coverage under this *Plan* ends when this *Plan* terminates or as explained in detail on the following Continuation Chart. The *covered employee*, his/her covered spouse and covered dependent children may, however, be entitled to continuation coverage under another group health plan offered by the Employer. *You* should contact the Employer for details about other continuation coverage.

**For additional information about your rights and obligations under the Plan and/or federal COBRA law, you should contact the Employer, which is the official Plan Administrator.**

**Qualifying Events**

1. Loss of coverage under this *Plan* by the *covered employee* due to one of these events:
   a. Voluntary or involuntary termination of employment of the *covered employee* for reasons other than “gross misconduct.”
   b. Reduction in the hours of employment of the *covered employee*.
   c. Layoff of the *covered employee*.
   d. Leave of absence of the *covered employee*.
   e. Early retirement of the *covered employee*.

2. Loss of coverage under this *Plan* by the covered spouse and/or covered dependent children due to one of these events:
   a. Voluntary or involuntary termination of employment of the *covered employee* for reasons other than “gross misconduct.”
   b. Reduction in the hours of employment of the *covered employee*.
   c. Layoff of the *covered employee*.
   d. Leave of absence of the *covered employee*.
   e. Early retirement of the *covered employee*.
   f. *Covered employee* becoming entitled to Medicare.
   g. Divorce or legal separation of the *covered employee*.
   h. Death of the *covered employee*.

3. Loss of coverage under this *Plan* by the covered dependent child due to his/her loss of “dependent child” status under this *Plan*.

4. Loss of coverage under this *Plan* due to the bankruptcy of the Employer under Title XI of the United States Code. For purposes of this qualifying event (bankruptcy), a loss of coverage includes a substantial elimination of coverage that occurs within one year before or after commencement of the bankruptcy proceeding. Applies to the covered retiree, his/her covered spouse and covered dependent children.

**Required Procedures**

When the initial qualifying event is death, termination of employment or reduction in hours (including leave of absence, layoff, or retirement), or Medicare entitlement of the *covered employee*, or the bankruptcy of the Employer, the *Plan Administrator* will offer continuation coverage to qualified *covered persons*. *You* do not need to notify the *Plan Administrator* of these qualifying events. However, for other qualifying events including divorce or legal separation of the *covered employee* and loss of dependent child status, COBRA continuation is not available to *you* if *you* do not provide timely, written notice to the *Plan Administrator* as required below by the *Plan*. *You* must also
provide timely, written notice to the Plan Administrator of other events, such as a Social Security disability determination or second qualifying events, in order to be eligible for an extension of COBRA continuation as required by the Plan as stated in this section. To elect COBRA, you must make a timely, written election as required by the Plan as stated in this section.

What the Plan Administrator must do:

1. Provide initial general COBRA notices as required by law;
2. Determine if the covered person is eligible to continue coverage according to applicable laws;
3. Notify persons of the unavailability of COBRA continuation;
4. Notify the covered person of his/her rights to continue coverage provided that all required notice and notification procedures have been followed by the covered employee, covered spouse and/or covered dependent children;
5. Inform the covered person of the premium contribution required to continue coverage and how to pay the premium contribution; and
6. Notify the covered person when he or she is no longer entitled to COBRA or when his/her COBRA continuation is ending before expiration of the maximum (18, 29, 36 month) continuation period.

What You must do:

1. You must notify the Plan Administrator in writing of a divorce or legal separation within 60 calendar days after either the date of the qualifying event, or the earliest date coverage would end due to the qualifying event, whichever is later;
2. You must notify the Plan Administrator in writing of a covered dependent child ceasing to be eligible within 60 calendar days after either the date of the qualifying event, or the earliest date coverage would end due to the qualifying event, whichever is later;
3. You must submit your written notice of a qualifying event within the 60-day timeframe, as explained previously in paragraphs 1 and 2, using the Plan’s approved notice form. (You may obtain a copy of the approved form from the Plan Administrator.) This notice must be submitted to the Plan Administrator in writing and must include the following:
   • The name of the Plan;
   • The name and address of the covered employee or former covered employee;
   • The names and addresses of all applicable dependents;
   • The description and date of the qualifying event;
   • Requested documentation pertaining to the qualifying event such as: decree of divorce or legal separation; and
   • The name, address and telephone number of the individual submitting the notice. This individual can be a covered employee, former covered employee, or his/her dependent(s); or a representative acting on behalf of the employee or dependent(s).

All written notices as described previously in paragraphs 1, 2, and 3, under “What You must do” must be timely sent to the Plan Administrator at the address indicated in the section of this SPD entitled “Specific Information About Your Plan.”

You must follow the Plan’s procedures for providing written notice, within the specified time period, and for timely submitting, in writing, all required information and supporting documentation as described in this SPD, unless a different procedure is expressly required by the employer or its COBRA administrator.

4. To elect continuation, you must notify the Plan Administrator of your election in writing within 60 calendar days after the date the covered person’s coverage ends, or the date the covered person is notified of continuation rights, whichever is later. To elect continuation, you must complete and submit your written election within the 60-day timeframe using the Plan’s approved election form. (You may obtain a copy of the approved form from the Plan Administrator.) This election must be submitted to the Plan Administrator in writing at the address as described in this section; and
You must pay continuation premium contributions:

a. The premium contribution to continue coverage is the combined Employer plus covered employee rate charged under the Plan, plus the Employer may charge an additional two percent of that rate. For a covered person receiving an additional 11 months of coverage after the initial 18 months due to a COBRA extension for Social Security disability, the premium contribution for those additional months may be increased to 150% of the Plan’s total cost of coverage. The continuation election form will set forth your continuation premium contribution rate(s).

b. The first premium contribution must be paid by check within 45 calendar days after electing to continue the coverage. Thereafter, the covered person’s monthly payments are due and payable by check at the beginning of each month for which coverage is continued.

c. The covered person must pay subsequent premium contributions by check on or before the required due date, plus the 30 calendar day grace period required by law or such longer period allowed by the Plan.

What You must do to apply for COBRA extension:

A. Social Security Disability:

1. If you are currently enrolled in COBRA continuation under this Plan, and it is determined that you are totally disabled by the Social Security Administration within the first 60 calendar days of your current COBRA coverage, then you may request an extension of coverage provided that your current COBRA coverage resulted from the covered employee’s leave of absence, retirement, reduction in hours, layoff, or his/her termination of employment for reasons other than gross misconduct. To request an extension of COBRA, you must notify the Plan Administrator in writing of the Social Security Administration’s determination within 60 calendar days after the latest of:
   - The date of the Social Security Administration’s disability determination;
   - The date of the covered employee’s termination of employment, reduction of hours, leave of absence, retirement, or layoff;
   - The date on which you would lose coverage under the Plan as a result of the covered employee’s termination, reduction of hours, leave of absence, retirement, or layoff.

2. You must submit your written notice of total disability within the 60-day timeframe, as described previously in paragraph 1, and before the end of the 18th month of your initial COBRA coverage using the Plan’s approved disability notice form. (You may obtain a copy of the approved form from the Plan Administrator.) This notice must be submitted, in writing, to the Plan Administrator and must include the following:
   - The name of the Plan;
   - The name and address of the covered employee or former covered employee;
   - The names and addresses of all applicable dependents currently on COBRA;
   - The description and date of the initial qualifying event that started your COBRA coverage;
   - The name of the disabled covered person;
   - The date the covered person became disabled;
   - The date the Social Security Administration made its determination of disability;
   - Requested copy of the Social Security Administration’s determination of disability; and
   - The name, address and telephone number of the individual submitting the notice. This individual can be a covered employee, former covered employee, or his/her dependent(s); or a representative acting on behalf of the employee or dependent(s).

You must follow the Plan’s procedures for providing written notice, within the specified time period, and for timely submitting, in writing, all required information and supporting documentation as described in this SPD, unless a different procedure is expressly required by the employer or its COBRA administrator.

All written notices required for COBRA for a Social Security disability extension must be timely sent to the Plan Administrator at the address indicated in the section of this SPD entitled “Specific Information About Your Plan.”

3. To elect an extension of COBRA, you must notify the Plan Administrator of the Social Security Administration’s determination, in writing, within the 60 calendar day and the initial 18-month continuation period timeframes, by following the notification procedure as previously explained in paragraphs 1 and 2, and submitting the Plan’s approved form; and
4. You must pay continuation premium contributions:
   a. The premium contribution to continue coverage is the combined Employer plus covered employee rate charged under the Plan, plus the Employer may charge an additional two percent of that rate. For a covered person receiving an additional 11 months of coverage after the initial 18 months due to a COBRA extension for Social Security disability, the premium contribution for those additional months may be increased to 150% of the Plan’s total cost of coverage. The disability notice form will set forth your continuation premium contribution rate(s).
   b. The first premium contribution must be paid by check within 45 calendar days after electing to continue the coverage. Thereafter, the covered person’s monthly payments are due and payable by check at the beginning of each month for which coverage is continued.
   c. The covered person must pay subsequent premium contributions by check on or before the required due date, plus the 30 calendar day grace period required by law or such longer period allowed by the Plan.

B. Second Qualifying Events for Covered Dependents Only:

1. If you are currently enrolled in COBRA continuation under this Plan and the covered employee dies, or in the case of divorce or a legal separation of the covered employee, or a covered dependent child loses eligibility, then you may request an extension of coverage provided that your current COBRA coverage resulted from the covered employee’s leave of absence, retirement, reduction in hours, layoff or his/her termination of employment for reasons other than gross misconduct or resulted from a Social Security Administration disability determination. To request an extension of COBRA, you must notify the Plan Administrator in writing within 60 calendar days after the later of:
   • The date of the second qualifying event (death, divorce, legal separation, loss of dependent child status); or
   • The date on which the covered dependent(s) would lose coverage as a result of the second qualifying event.

Note: This extension is only available to a covered spouse and covered dependent children. This extension is not available when a covered employee becomes entitled to Medicare.

2. You must submit your written notice of a second qualifying event within the 60-day timeframe, as previously described in paragraph 1, using the Plan’s approved second event notice form. (You may obtain a copy of the approved form from the Plan Administrator.) This notice must be submitted to the Plan Administrator in writing and must include the following:
   • The name of the Plan;
   • The name and address of the covered employee or former covered employee;
   • The names and addresses of all applicable dependents currently on COBRA;
   • The description and date of the initial qualifying event that started your COBRA coverage;
   • The description and date of the second qualifying event;
   • Requested documentation pertaining to the second qualifying event such as: a decree of divorce or legal separation or death certificate; and
   • The name, address and telephone number of the individual submitting the notice. This individual can be a covered employee, former covered employee, or his/her dependent(s); or a representative acting on behalf of the employee or dependent(s).

You must follow the Plan’s procedures for providing written notice, within the specified time period, and for timely submitting, in writing, all required information and supporting documentation as described in this SPD, unless a different procedure is expressly required by the employer or its COBRA administrator.

All written notices required for COBRA for a second qualifying event extension must be timely sent to the Plan Administrator at the address indicated in the section of this SPD entitled “Specific Information About Your Plan.”

3. To elect an extension of COBRA, you must notify the Plan Administrator of the second qualifying event in writing within the 60 calendar day timeframe, by following the notification procedure as previously explained in paragraphs 1 and 2, and submitting the Plan’s approved form; and

4. You must pay continuation premium contributions:
   a. The premium contribution to continue coverage is the combined Employer plus covered employee rate charged under the Plan, plus the Employer may charge an additional two percent of that rate. For a
covered person receiving an additional 11 months of coverage after the initial 18 months due to a COBRA extension for Social Security disability, the premium contribution for those additional months may be increased to 150% of the Plan’s total cost of coverage. The election form will set forth your continuation premium contribution rates.

b. The first premium contribution must be paid by check within 45 calendar days after electing to continue the coverage. Thereafter, the covered person’s monthly payments are due and payable by check at the beginning of each month for which coverage is continued.

c. The covered person must pay subsequent premium contributions by check on or before the required due date, plus the 30 calendar day grace period required by law or such longer period allowed by the Plan.

Additional Notices You Must Provide: Other Coverages, Medicare Entitlement and Cessation of Disability

You must also provide written notice of (1) your other group coverage that begins after COBRA is elected under the Plan; (2) your Medicare entitlement (Part A, Part B or both parts) that begins after COBRA is elected under the Plan; and (3) the covered person, whose disability resulted in a COBRA extension due to disability, being determined to be no longer disabled by the Social Security Administration.

Your written notice for the events previously described in this section must be submitted using the Plan’s approved notification form within 30 calendar days of the events requiring additional notices as previously described. The notification form can be obtained from the Plan Administrator and must be completed by you and timely submitted to the Plan Administrator at the address indicated in the section of this SPD entitled “Specific Information About Your Plan.” In addition to providing all required information requested on the Plan’s approved notification form, your written notice must also include the following:

- If providing notification of other coverage that began after COBRA was elected, the name of the covered person who obtained other coverage, and the date that other coverage became effective.
- If providing notification of Medicare entitlement, the name and address of the covered person that became entitled to Medicare and the date of the Medicare entitlement.
- If providing notification of cessation of disability, the name and address of the formerly disabled covered person, the date that the Social Security Administration determined that he/she was no longer disabled and a copy of the Social Security Administration’s determination.

If you do not provide this required additional notice, you must reimburse any claims mistakenly paid for expenses incurred after the following applicable date:

1. Your other group coverage begins;
2. Your Medicare Part A or Part B enrollment begins; or
3. Your disability ends.
### CONTINUATION CHART

<table>
<thead>
<tr>
<th>If coverage under this <em>Plan</em> is lost because this happens…</th>
<th>Who is eligible to continue…</th>
<th>Coverage may be continued until the earliest of:</th>
</tr>
</thead>
<tbody>
<tr>
<td>The <em>covered employee’s</em> leave of absence, early retirement, hours were reduced, layoff, or his/her employment with the Employer ended for reasons other than gross misconduct.</td>
<td><em>Covered employee, covered spouse and covered dependent children</em></td>
<td>• 18 months after continuation coverage began.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Coverage begins under another group health plan after COBRA is elected under the <em>Plan</em>.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Entitlement, after COBRA is elected under the <em>Plan</em>, of the applicable <em>covered person</em> to either Part A or Part B or both Parts of Medicare.</td>
</tr>
<tr>
<td>The Employer files a voluntary or involuntary petition for protection under the bankruptcy laws found in Title XI of the United States Code.</td>
<td><em>Covered retiree, covered spouse and covered dependent children</em></td>
<td>• Lifetime continuation coverage for covered retiree.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• 36 months after death of covered retiree for covered spouse and covered dependent children.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Coverage begins under another group health plan after COBRA is elected under the <em>Plan</em>.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Entitlement, after COBRA is elected under the <em>Plan</em>, of the applicable <em>covered person</em> to either Part A or Part B or both Parts of Medicare.</td>
</tr>
<tr>
<td>(Covered person) must provide timely notice of such event in accordance with the <em>Plan’s</em> notice procedures previously described for such events.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Death of the <em>covered employee</em>. Divorce or legal separation from the <em>covered employee</em>. Entitlement of the <em>covered employee</em> to Medicare within 18 months before the <em>covered employee’s</em> hours were reduced or termination of employment for reasons other than gross misconduct.</td>
<td><em>Covered spouse and covered dependent children</em></td>
<td>• 36 months after continuation coverage began.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• 36 months after entitlement of <em>covered employee</em> to Medicare but only for an event which is the <em>covered employee’s</em> Medicare entitlement within 18 months before his/her hours were reduced or termination of employment.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Coverage begins under another group health plan after COBRA is elected under the <em>Plan</em>.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Entitlement, after COBRA is elected under the <em>Plan</em>, of the applicable <em>covered person</em> to either Part A or Part B or both Parts of Medicare.</td>
</tr>
<tr>
<td>(Covered person) must provide timely notice of such event in accordance with the <em>Plan’s</em> notice procedures previously described for such events.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Loss of eligibility by a covered dependent child.</td>
<td><em>Covered dependent child</em></td>
<td>• 36 months after continuation coverage began.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Coverage begins under another group health plan after COBRA is elected under the <em>Plan</em>.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Entitlement, after COBRA is elected under the <em>Plan</em>, of the applicable <em>covered person</em> to either Part A or Part B or both Parts of Medicare.</td>
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<td></td>
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</tr>
</tbody>
</table>

*Covered person must provide timely notice of such event in accordance with the *Plan’s* notice procedures previously described for such events.*
Special Enrollment Periods

If you are a covered employee, covered spouse, or covered dependent who is enrolled in continuation coverage under this Plan due to a qualifying event (and not due to another enrollment event such as a special or annual enrollment), the Special Enrollment Period provisions of this SPD as referenced in the section which describes eligibility and enrollment will apply to you during the continuation period required by federal law as such provisions would apply to an active eligible covered employee. Eligible dependents that are newborn children or newly adopted children (as described in the eligibility and enrollment section) that are acquired by a covered employee during his/her continuation period required by federal law and are enrolled through special enrollment, are entitled to continue coverage for the maximum continuation period required by law.

If the continuation period required by federal law has been exhausted, and you are enrolled for additional continuation coverage pursuant to state law, if applicable, or the eligibility provisions of this plan, you may be entitled to the special enrollment rights upon acquisition of a new dependent through marriage, birth, adoption, placement for adoption, or legal guardianship, as referenced in the section entitled Special Enrollment Period for New Dependents Only.

Special Rule for Persons Qualifying for Federal Trade Act Adjustments

Federal trade act laws give special COBRA rights to covered employees who terminate employment or experience a reduction of hours, and who qualify for a “trade readjustment allowance” or “alternative trade adjustment assistance” under federal laws, including the Trade Adjustment Assistance Reauthorization Act of 2015.

If you qualify or may qualify for trade adjustment assistance, contact the Plan Administrator for additional information. You must contact the Plan Administrator promptly after qualifying for trade adjustment assistance or you will lose your special COBRA rights.

Written Notices Required for COBRA Continuation

All notices, elections and information required to be furnished or submitted by a covered person, covered spouse or covered dependent children for purposes of COBRA continuation must be submitted in writing by U.S. mail or hand-delivery, or as previously described in this section. Oral communications, including phone calls, voice mails or in-person statements and electronic e-mail do not constitute written notice and are not acceptable for COBRA purposes under the Plan.

XI. Subrogation and Reimbursement

Subrogation

The Plan and the Plan Administrator have the full and unrestricted right of subrogation with respect to any sickness or injury for which any benefit or payment is provided, or may at any time in the future be provided, under the Plan. The Plan Administrator has delegated to the TPA the ability to pursue this right, and the authority to redelegate such activity to other individuals or entities. That right of subrogation also extends to any coverage or rights a covered person has, or may have, under any insurance coverage, including, but not limited to, any uninsured or underinsured motorist coverage. The Plan’s and the Plan Administrator’s right of subrogation shall in all circumstances fully apply without limitation and shall not be reduced under any circumstances, even if a covered person is not made whole for his/her damages or losses, such as damages for pain and suffering, lost wages, etc.

The Plan’s and the Plan Administrator’s subrogation rights shall also not be reduced by any expenses incurred by any covered person, including, but not limited to, attorneys’ fees. Any and all amounts recovered by or on behalf of a covered person by settlement, judgment, arbitration or by any means whatsoever shall be placed into a constructive trust subject to the Plan’s and the Plan Administrator’s right of subrogation or shall be paid over to the Plan without any reduction, regardless of how such amounts are characterized or allocated. The Plan’s and the Plan Administrator’s subrogation rights shall have priority over any rights or claims of a covered person, and pursuant to such right of priority, the Plan shall first be paid in full for its subrogation rights before any amount, regardless of how characterized or allocated, is retained by, or for, a covered person.

A covered person shall fully cooperate with the Plan, the Plan Administrator, the TPA and their designees in the enforcement of the Plan’s and the Plan Administrator’s subrogation rights, which cooperation shall include, but not be limited to, paying over to the Plan any and all amounts due the Plan and the execution of any agreements, assignments or other instruments requested by the Plan, the Plan Administrator, the TPA and their designees. If
information and assistance are not provided to the Plan upon request, no benefits will be payable under the Plan with respect to costs incurred in connection with such sickness or injury. If the sickness or injury giving rise to subrogation involves a minor child or wrongful death of a covered person, this provision applies to the parents or guardian of the minor covered person and the personal representative of the deceased covered person. A covered person shall take no action which directly or indirectly adversely affects the Plan’s and the Plan Administrator’s rights of subrogation, and any settlement entered into by or on behalf of a covered person shall be subject to and shall fully recognize the Plan’s and the Plan Administrator’s right of priority to be fully repaid for its subrogation rights from any and all amounts, regardless of how characterized or allocated, recovered in connection with such settlement before any amounts from such settlement are retained by, or for, a covered person.

As a condition of receiving benefits under this Plan, you agree:

- To reimburse the Plan for any such benefits paid or payable to, or on behalf of, the covered person when said benefits are recovered from any form, regardless of how classified or characterized, from any person, corporation, entity, no-fault carrier, uninsured motorist carrier, underinsured motorist carrier, medical payment provision or other insurance policies or funds.
- The Plan Administrator retains all fiduciary responsibilities with respect to the Plan, has the exclusive, final and binding discretionary authority to interpret and administer the Plan, resolve any ambiguities that exist and make all factual determinations, except to the extent the Plan Administrator has expressly delegated to other persons or entities one or more fiduciary responsibilities with respect to the Plan. The rights of subrogation and reimbursement shall bind the covered person’s guardian(s), estate, executor, personal representative and heir(s).

Reimbursement Rights

You agree to hold in constructive trust the proceeds of any settlement or judgment for the Plan’s and the Plan Administrator’s benefit under this Section. If you fail to reimburse the Plan out of any recovery or reimbursement received for all benefits paid or to be paid as a result of your sickness or injury, you will be liable for any and all expenses, whether fees or costs, associated with the Plan’s, the Plan Administrator’s, the TPA’s and their designees’ attempts to recover such money from you.

XII. Coordination of Benefits

As a covered person, you agree to permit the Plan to coordinate obligations under this SPD with payments under any other health benefit plans as specified below, which covers you as an employee or dependent. You also agree to provide any information or submit any claims to other health benefit plans necessary for this purpose. You agree to authorize billing to other health plans for purposes of coordination of benefits.

This Plan does coordinate your prescription drug benefits under this SPD with any other health plan’s prescription drug benefits.

Unless applicable law prevents disclosure of the information without the consent of the covered person or the covered person’s representative, each covered person claiming benefits under this Plan must provide any fact needed to pay the claim. If the information cannot be disclosed without consent, the Plan will not pay benefits until the information is given.

A. APPLICATION: This Coordination of Benefits provision applies when you have health care coverage under more than one plan. “Plan” is defined below.
B. DEFINITIONS. These definitions only apply to the Coordination of Benefits provision:

**Allowable Expenses**
Means a health care service or expense, including deductibles, coinsurance and copayments, that is covered at least in part by any of the plans covering the person. When a plan provides benefits in the form of services, (for example an HMO) the reasonable cash value of each service will be considered an allowable expense and a benefit paid. An expense or service that is not covered by any of the plans is not an allowable expense.

**Claim Determination Period**
Means a calendar year. However, it does not include any part of a year during which a person has no coverage under this Plan, or before the date this Coordination of Benefit provision or a similar provision takes effect.

**Closed Panel Plan**
Means a plan that provides health benefits to persons primarily in the form of services through a panel of providers that have contracted with or are employed by the plan, and that limits or excludes benefits or services provided by other providers, except in cases of emergency or referral by a panel member.

**Custodial Parent**
Means a parent awarded custody by a court decree. In the absence of a court decree, it is the parent with whom the child resides more than half of the calendar year without regard to any temporary visitation.

**Dependent**
A covered employee’s eligible dependent as described in the section “Eligibility, Enrollment, and Effective Date” who is enrolled under the Plan.

**Plan**
Means any of the following that provides benefits or services for medical or dental care or treatment. However, if separate policies are used to provide coordinated coverage for members of any group, the separate policies are considered parts of the same plan and there is no Coordination of Benefits among these policies.

a. Group, blanket, franchise, closed panel or other forms of group or group type coverage (insured or uninsured);
b. Hospital indemnity benefits in excess of $200 per day;
c. Medical care components of group long-term care policies, such as skilled care;
d. A labor-management trustee plan or a union welfare plan;
e. An employer or multi-employer plan or employee benefit plan;
f. Medicare or other governmental benefits, as permitted by law;
g. Insurance required or provided by statute;
h. Medical benefits under group or individual automobile policies;
i. Individual or family insurance for hospital or medical treatment or expenses;
j. Closed panel or other individual coverage for hospital or medical treatment or expenses.

*Plan* does not include any:

a. Amounts of hospital indemnity insurance of $200 or less per day;
b. Benefits for non-medical components of group long-term care policies;
c. School accident-type coverages;
d. Medicare supplement policies;
e. Medicaid policies and coverage under other governmental plans, unless permitted by law.

Each contract for coverage listed above is a separate plan. If a plan has two parts and Coordination of Benefits rules apply to one of the two, each of the parts is treated as a separate plan. The benefits provided by a plan include those that would have been provided if a claim had been duly made.

**Primary Plan/Secondary Plan**
Means the order of benefit determination rules which determine whether this Plan is a “primary plan” or “secondary plan” when compared to the other plan covering the person.

When this Plan is primary, its benefits are determined before those of any other plan and without considering any other plan’s benefits. When this Plan is secondary, its benefits are determined after those of another plan and may be reduced because of the primary plan’s benefits.
C. ORDER OF BENEFIT DETERMINATION RULES: The primary plan pays or provides its benefits as if the secondary plan or plans did not exist. The order of benefit determination rules below determine which plan will pay as the primary plan. The primary plan that pays first pays without regard to the possibility that another plan may cover some expenses. A secondary plan pays after the primary plan and may reduce the benefits it pays so that payments from all group plans do not exceed 100% of the total allowable expense.

A plan that does not contain a Coordination of Benefits provision that is consistent with this section is always primary. Exception: Group coverage designed to supplement a part of a basic package of benefits may provide that the supplementary coverage shall be excess to any other parts of the plan provided by the employer.

A plan may consider the benefits paid or provided by another plan in determining its benefits only when it is secondary to that other plan.

This Plan will not pay more than it would have paid had it been the primary plan. This Plan determines its order of benefits by using the first of the following that applies:

1. **Nondependent/Dependent:** The plan that covers the person other than a dependent, for example as an employee, subscriber, or retiree is the primary plan; and the plan that covers the person as a dependent is the secondary plan.

   Exception: If the person is a Medicare beneficiary and federal law makes Medicare:
   a. Secondary to the plan covering the person as a dependent; and
   b. Primary to the plan covering the person as a nondependent (e.g., a retired employee); then the order is reversed, so the plan covering that person as a nondependent is secondary and the other plan is primary.

2. **Child Covered Under More Than One Plan:** The order of benefits when a child is covered by more than one plan is:
   a. The primary plan is the plan of the parent whose birthday is earlier in the year if:
      • The parents are married;
      • The parents are not separated (whether or not they ever have been married); or
      • A court decree awards joint custody without specifying that one party has the responsibility to provide health care coverage.

      If both parents have the same birthday, the plan that covered either of the parents for a longer time is primary.

      For a child covered under more than one plan by persons who are not the parents of such child, the order of benefits shall be determined under paragraph 2.a of this section as if those persons were parents of such child.

   b. If the specific terms of a court decree state that one of the parents is responsible for the child’s health care expenses or health care coverage and the plan of that parent has actual knowledge of those terms; then that plan is primary. This rule applies to claim determination periods or plan years commencing after the plan is given notice of the court decree.

   c. If the parents are not married, or are separated (whether or not they ever have been married) or are divorced, the order of benefits is the plan of the:
      • Custodial parent;
      • Spouse of the custodial parent;
      • Noncustodial parent; and then
      • Spouse of the noncustodial parent.

   d. For a dependent child who has coverage under either or both parents’ plans and also has his or her own coverage as a dependent under a spouse’s plan, the rule in paragraph 5 of this section applies. In the event the dependent child’s coverage under the spouse’s plan began on the same date as the dependent child’s coverage under either or both parents’ plans, the order of benefits shall be determined by applying the birthday rule in paragraph 2.a of this section to the dependent child’s parent(s) and the dependent’s spouse.

3. **Active/Inactive Employee:** The plan that covers a person as an employee who is neither laid off nor retired (or as that employee’s dependent) is primary to a plan that covers the person as a laid off or retired employee (or as that employee’s dependent). If the other plan does not have this rule, and if, as a result, the plans do not agree on the order of benefits; then this rule is ignored. This rule does not apply if the rule under paragraph 1 can determine the order of benefits. For example: coverage provided to a person as a
retired worker and as a dependent of an actively working spouse will be determined under the rule in paragraph 1.

4. **Continuation Coverage**: If a person whose coverage is provided under a right of continuation provided by the federal or state law is also covered under another plan, then:
   a. The plan covering the person as an employee, covered person, subscriber, or retiree (or as a dependent of an employee, covered person, subscriber, or retiree) is the primary plan.
   b. The continuation coverage is the secondary plan.
   c. If the other plan does not have this rule; and if, as a result, the plans do not agree on the order of benefits; then this rule is ignored. This rule does not apply if the rule under paragraph 1 can determine the order of benefits.

5. **Longer/Shorter Length of Coverage**: The plan that covered the person as an employee, dependent or retiree for a longer time is primary.

D. **THE EFFECT ON THE BENEFITS OF THIS PLAN**: When this *Plan* is secondary, it may reduce its benefits at the time of processing, so that the total benefits paid or provided by all plans for each claim are not more than 100% of total allowable expenses for such claim. The reduction in this *Plan’s benefits* is equal to the difference between:

1. The benefit payments that this *Plan* would have paid had it been the primary plan; and
2. The benefit payments that this *Plan* actually paid or provided.

When the benefits of this *Plan* are reduced as described above, each benefit is reduced in proportion to any applicable limit, such as the deductible of this *Plan*.

E. **RIGHT TO RECEIVE AND RELEASE INFORMATION**: Certain facts about health care coverage and services are needed to apply Coordination of Benefit rules and to determine benefits payable under this *Plan* and other plans. The TPA may get the facts it needs from or give them to any other organization or person for the purpose of applying these rules and determining benefits payable under this *Plan* and other plans covering the person claiming benefits. The TPA need not tell, or get the consent of, any person to do this. Each person claiming benefits under this *Plan* must give the *Plan* any facts it needs to apply those rules and determine benefits payable.

F. **FACILITY OF PAYMENT**: A payment made under another plan may have included an amount that should have been paid under this *Plan*. If it does, the *Plan* may pay that amount to the organization that made the payment. That amount will then be treated as though it was a benefit paid under this *Plan*. The *Plan* will not pay that amount again. The term “payment made” includes providing benefits in the form of services. In this case “payment made” means the reasonable cash value of the benefits provided in the form of services.

G. **RIGHT OF RECOVERY**: If the *Plan* paid more than it should have paid, it may recover the excess from one or more of the following:

1. The persons the *Plan* has paid or for whom it has paid; or
2. Any other person or organization that may be responsible for the benefits or services provided under this *Plan* to the covered person.

The “amount of payments made” includes the reasonable cash value of any benefits provided in the form of services.

H. **COORDINATING WITH MEDICARE**: This section describes the method of payment if Medicare pays as the primary plan.

If a provider has accepted assignment of Medicare, this *Plan* determines allowable expenses based upon the amount allowed by Medicare. This *Plan’s allowable expenses* are the lesser of the *and customary amount* or the Medicare allowable amount. The *Plan* pays the difference between what Medicare pays and the *Plan’s allowable expenses.*

If you are eligible for Medicare, you will be considered covered for benefits payable under Medicare Part B regardless of whether you have applied for Medicare Part B coverage.
Renal Failure. If you begin to have services related to renal failure, we request that you sign up for Medicare.

XIII. How to Submit a Bill if You Receive One for Covered Services

A. Bills from Participating Providers

When you present your identification card at the time of requesting services from participating providers, paperwork and submission of post-service claims relating to services will be handled for you by your participating provider. You may be asked by your provider to sign a form allowing your provider to submit claims on your behalf. If you receive an invoice or bill from your provider for services, simply return the bill or invoice to your provider, noting your enrollment in the Plan. Your provider will then submit the post-service claim under the Plan in accordance with the terms of its participation agreement. Your claim will be processed for payment according to the Employer’s coverage guidelines. The TPA must receive claims within 365 calendar days after the date services were incurred, except in the absence of your legal capacity. Claims received after the deadline will be denied.

B. Bills from Non-Participating Providers

Claim Submission. You must submit a completed claim form in writing, together with an itemized bill for the services incurred, on the claim form provided and in accordance with the filing procedures for post-service claims outlined in the next section. The TPA must receive claims within 365 calendar days after the date services were incurred, except in the absence of your legal capacity. If the Plan is discontinued, the deadline for the receipt of claims is 180 calendar days. Claims received after the deadline will be denied. If you need claim forms, please contact Customer Service.

Payment of Claims. Claims for benefits will be paid promptly upon receipt of written proof of loss. Benefits which are payable periodically during a period of continuing loss will be paid on a periodic basis. All or any portion of any benefits provided by the Plan may be paid directly to the provider rendering the services. Payment will be made according to the Employer’s coverage guidelines.

XIV. Initial Benefit Determinations of Post-Service Claims

Post-service claims are claims that are filed for payment of benefits under the Plan after health care services have been received and submitted in accordance with the post-service claim filing procedures for the Plan.

Filing Procedure for Post-Service Claims. To file a post-service claim, you or your attending provider must submit an itemized bill in writing and in accordance with the procedures and within the deadlines described in the section entitled “How to Submit a Bill if You Receive One for Covered Services.” To be considered a properly filed post-service claim under the Plan, your completed claim form, together with an itemized bill and the essential data elements, must be submitted in writing to Customer Service at the mailing address noted inside the cover page to this SPD. Your post-service claim must include at least the following essential data elements:

- The identity of the covered person and provider of services;
- The date(s) of services;
- A specific medical diagnosis; and
- Specific treatment, health care service, or procedure codes for which benefits or payment is requested.

An explanation of these essential data elements will be provided to you, upon request and free of charge, by calling Customer Service. If you or your attending provider have not submitted the post-service claim in accordance with these filing procedures, including a failure to submit all essential data elements, your post-service claim will be treated as incorrectly filed. Please note that the time periods for making an initial benefit determination begin when Customer Service receives a written post-service claim submitted in accordance with the Plan’s filing procedures.

If your attending provider files a post-service claim on your behalf, the provider will be treated as your authorized representative under the Plan for purposes of such claim and associated appeals unless you provide the TPA with specific direction otherwise within three business days from the Plan Administrator's notification that an attending provider was acting as your authorized representative. Your direction will apply to any remaining appeals.

A request or inquiry that is not made in accordance with the Plan’s claim procedures will not be treated as a claim under the Plan.
Initial Benefit Determination. If your post-service claim is denied, the TPA will communicate such denial within 30 calendar days after receipt of a post-service claim submitted in accordance with the Plan’s filing procedures. If the TPA does not have all information it needs to make an initial benefit determination, it may extend the time period for the initial benefit determination by 15 calendar days. The TPA will notify you of the extension within the initial 30 calendar day period. You will then have 45 calendar days, or longer time as granted to you in the extension notification, to provide the requested information. The TPA will notify you of its initial benefit determination within 15 calendar days after the earlier of the TPA’s receipt of the requested information or the end of the time period specified for you to provide the requested information. If you do not provide the requested information within the time period specified, your claim will be denied. If you and your authorized representative then submit the requested information within 365 calendar days after the date services were incurred (except in the absence of your legal capacity), the Plan Administrator may, but is not required to, reconsider the submitted information, and will not consider information it receives more than 365 calendar days after the date your services were incurred.

The time period for the initial benefit determination may also be extended for 15 calendar days for circumstances beyond the TPA’s control.

If your post-service claim is denied, notification will be provided to you. This notice will explain:

- Information sufficient to identify the claim involved and any information required by law.
- The reason for the denial;
- The part of the Plan on which it is based;
- Any additional material or information needed to make the claim acceptable and the reason it is necessary; and
- The procedure for requesting an appeal.

Note: Refer to the section entitled “Claim Appeals Process” for details on requesting an appeal or external review.

XV. Claim Appeals Process

Internal Appeals Process

The internal review process for an appeal of a claim that is wholly or partially denied and for a rescission (retroactive termination) of your coverage, as defined by the Affordable Care Act, is:

1. Post-Service Appeals

   a. First Appeal. If your post-service claim for benefits is wholly or partially denied, you or your authorized representative may submit an appeal within 180 calendar days after receiving notice that your claim is denied. Your appeal can be submitted to the TPA in writing, along with any issues, comments and additional information as appropriate.

      Within 30 calendar days after your written first appeal is received by the TPA, you will receive notice of the TPA’s decision, including the specific reasons for it and references to the part of the Plan on which it is based, and the procedure for requesting a second appeal from the Plan Administrator. This time period may be extended if you agree.

   b. Second Appeal. Within 60 calendar days after receiving a notice that your first appeal was denied, you or your authorized representative may submit a second appeal. Your second appeal can be submitted to the TPA in writing along with any issues, comments and additional information, as appropriate. The TPA will forward your second appeal to the Plan Administrator for its decision.

      Within 30 calendar days after your written second appeal is received by the Plan Administrator, you will receive notice of the Plan Administrator’s decision, including the specific reasons for it and references to the part of the Plan on which it is based. This time period may be extended if you agree.

2. Access to Relevant Documents

Upon request and free of charge, you have the right to reasonable access to and copies of all documents, records, and other information relevant to your appeal. If the Plan Administrator or the TPA generates, relies upon, or considers any new or additional evidence in connection with the appeal, or identifies any new or additional rationale for a denial, it will be provided to you so that you have a reasonable opportunity to respond. You have the right to present written evidence and testimony as part of the appeals process.
External Review Process

If your claim is wholly or partially denied, reduced, or terminated based on medical judgment, as defined in the Affordable Care Act, or if your coverage is rescinded (retroactively terminated), as defined by the Affordable Care Act, you may have a right to have such decision reviewed by an independent review organization that is not associated with the TPA, Plan or Plan Administrator. The decision of the independent review organization is binding except to the extent other remedies may be available to the Plan, any person, or any entity under state or federal law. The following sections relating to External Review apply only to a claim that is wholly or partially denied, reduced, or terminated based on medical judgment, as defined in the Affordable Care Act or if your coverage is rescinded (retroactively terminated), as defined by the Affordable Care Act:

1. External Review. You may request an external review of any post-service claim based on medical judgment if you have exhausted all appeals available to you under the internal appeals process. Any denial, reduction, or termination of, or failure to provide payment for, a benefit based on a determination that you failed to meet the requirements for eligibility under the terms of the Plan is not eligible for external review. Within four months after receiving a notice informing you of your right to an external review by an independent review organization, you or your authorized representative may submit a written request for an external review with an independent review organization by sending it to the TPA. When you request an external review, you will be required to authorize release of any medical records that the independent review organization might need to review for the purpose of reaching a decision.

Within one business day after completion of a preliminary review, which may take up to five business days, to confirm whether you were enrolled properly in the Plan at the time the post-service claim was provided, the TPA will notify you that your request is:
   a. Complete and eligible for external review; or
   b. Not complete, and will indicate what additional information or materials are needed to make it complete; or
   c. Not eligible for external review and the reasons for its ineligibility.

If your request is complete and eligible for external review, the TPA will notify you which independent review organization will conduct the external review. You will then receive more detailed information, including contact information for the independent review organization and the independent review process and timetable.

XVI. If You Have a Complaint

If the complaint involves issues relating to quality of health care rendered by a participating provider, you should also attempt to discuss the quality of care issues with the provider. You may also direct any questions or complaints to Customer Service. When Customer Service is contacted, the representative will assist you in trying to resolve the complaint with the provider on an informal basis. The representative will also document the complaint. If these discussions are not satisfactory, you may submit a written complaint to the Plan Administrator. However, the Plan is not responsible for the quality of care rendered by a participating provider.

XVII. No Guarantee of Employment or Overall Benefits

The adoption and maintenance of this Plan does not guarantee or represent that the Plan will continue indefinitely with respect to any class of employees and shall not be deemed to be a contract of employment between the Employer and any covered employee. Nothing contained herein shall give any covered employee the right to be retained in the employ of the Employer or to interfere with the right of the Employer to discharge any covered employee, at any time, nor shall it give the Employer the right to require any covered employee to remain in its employ or to interfere with the covered employee’s right to terminate his/her employment at any time not inconsistent with any applicable employment contract. Nothing in this Plan shall be construed to extend benefits for the lifetime of any covered person or to extend benefits beyond the date upon which they would otherwise end in accordance with the provisions of the Plan or any benefit description.
XVIII. Definitions of Terms Used

**Acute Care Facility** A facility that provides care to a covered person who is in the acute phase of a sickness or injury and who will have a stay of less than 30 calendar days.

**Affordable Care Act** The federal Patient Protection and Affordable Care Act, Public Law 111-148, as amended, including the federal Health Care and Education Reconciliation Act of 2010, Public Law 111-152, and any amendments to, and any federal guidance and regulations issued under these acts.

**Bariatric Surgery** Surgery and related services for the treatment of obesity.

**Benefits** The health care services or supplies covered under the Plan as approved by the Plan Administrator as covered services, as explained in this SPD and any amendments.

**Biofeedback** The technique of making unconscious or involuntary bodily processes (such as heartbeat or brain waves) perceptible to the senses in order to manipulate them by conscious mental control.

**Calendar Year** The 12-month period beginning January 1 and ending the following December 31 for provisions based on a calendar year.

**Claim** A request for benefits made by a covered person or his/her authorized representative in accordance with the procedures described in this SPD.

**Clinical Trial** A phase I, phase II, phase III, or phase IV clinical trial that is conducted in relation to the prevention, detection, or treatment of cancer or other life-threatening disease or condition. A life-threatening condition means any disease or condition from which the likelihood of death is probable unless the course of the disease or condition is interrupted. The clinical trial must meet one of the following:

1. Federally-funded clinical trial in which the study or investigation is approved or funded (which may include funding through in-kind contributions) by one or more of the following:
   b. Centers for Disease Control and Prevention.
   c. Agency for Health Care Research and Quality.
   d. Centers for Medicare & Medicaid Services.
   e. Cooperative group or center of any of the entities described in paragraphs a through d above or the Department of Defense or the Department of Veterans Affairs.
   f. A qualified non-governmental research entity identified in the guidelines issued by the National Institutes of Health for center support grants.
   g. If the clinical study or investigation is conducted by the Department of Veterans Affairs, Department of Defense, or the Department of Energy, has been reviewed and approved through a system of peer review that the Secretary of the Department of Health and Human Services has determined to be comparable to the system of peer review of studies and investigations used by the National Institutes of Health, and there has been an unbiased review of the highest scientific standards by qualified individuals who have no interest in the outcome of the review.

2. A study or investigation conducted under an investigational new drug application reviewed by the FDA.

3. The study or investigation is a drug trial that is exempt from having an investigational new drug application.

**Coinsurance** A portion of eligible charges that is paid by you and a separate portion that is paid by the Plan for covered services and supplies. Your coinsurance is a percentage of those eligible charges that are the (1) discounted charges that are negotiated with the participating provider and calculated at the time the claim is processed; or (2) usual and customary amount.

**Combination Drug** A prescription drug in which two or more chemical entities are combined into one commercially available dosage form.
Compassionate Use A method of providing experimental therapeutics prior to final FDA approval for use in humans. This procedure is used with very sick individuals who have no other treatment options. Often, case-by-case approval must be obtained from the FDA for compassionate use of a drug, device, or therapy.

Compounded Drugs Customized medications prepared by a pharmacist from scratch using raw chemicals, powders, and devices according to a physician’s specifications to meet your needs.

Confinement An uninterrupted stay of 24 hours or more in a hospital, skilled nursing facility, rehabilitation facility, or residential treatment facility.

Contribution The payment your Employer requires to be paid on behalf of or for covered persons for the provision of covered services. Your Employer will inform you of your share of the contribution.

Cosmetic Services, medications, and procedures that improve physical appearance but do not correct or improve a physiological function, or are not medically necessary.

Covered Dependent A covered employee’s eligible dependent as described in the section “Eligibility, Enrollment, and Effective Date” who is enrolled under the Plan.

Covered Employee The person:
1. On whose behalf contribution is paid; and
2. Whose employment is the basis for membership; and
3. Who is enrolled under the Plan.

Covered Person A covered employee or covered dependent.

Covered Services Health care services that are provided by your provider or clinic and are covered by the Plan, subject to all of the terms, conditions, limitations and exclusions of the Plan.

Custodial Care Services to assist in activities of daily living and personal care that do not seek to cure or do not need to be provided or directed by a skilled medical professional, such as assistance in walking, bathing and feeding.

Day Treatment Services Any professional or health care services at a hospital or licensed treatment facility for the treatment of mental and substance use disorders.

Deductible The amount of eligible charges that each covered person must incur in a calendar year before the Plan will pay benefits.

Dentist A licensed doctor of dental surgery or dental medicine, lawfully performing dental services in accordance with governmental licensing privileges and limitations.

Designated Convenience Care Center A health care clinic whose primary purpose is to provide immediate treatment for the diagnosis of minor conditions.

Designated Transplant Network Provider Any licensed hospital, health care provider, group or association of health care providers that satisfies the quality, outcome, and accessibility needs of the Plan and its covered persons and has contracted to participate as a designated transplant provider with or through the TPA to provide benefits for organ or bone marrow transplant or stem cell support and all related services and aftercare for you.

Educational A health care service:
1. Whose primary purpose is to provide training in the activities of daily living, instruction in scholastic skills such as reading and writing; preparation for an occupation; or treatment for learning disabilities; or
2. That is provided to promote development beyond any level of function previously demonstrated, except in the case of a child with congenital, developmental or medical conditions that have significantly delayed speech or motor development as long as progress is being made towards functional goals set by the attending physician.

Effective Date The date your coverage under this SPD is effective, which depends on the date that you timely complete all applicable enrollment requirements imposed by the Plan Administrator.

Eligible Charges A charge for health care services, subject to all of the terms, conditions, limitations and exclusions of the Plan for which the Plan or covered person will pay.
**Emergency**
The sudden onset or change of a medical condition manifesting itself by acute symptoms of sufficient severity, including severe pain, such that the absence of immediate medical attention could reasonably be expected by a prudent layperson to result in:
1. Placing the *covered person’s* health in serious jeopardy;
2. Serious impairment to bodily functions; or
3. Serious dysfunction of any bodily organ or part.

**ERISA**
The Employee Retirement Income Security Act of 1974 and the implementing regulations, as amended from time to time.

**Essential Health Benefits**
The categories of services that qualified health plans are required to cover, as defined and required by the Affordable Care Act. The benefits covered by this SPD may include some essential health benefits, but this SPD is not and is not intended to be a qualified health plan and does not, and is not required to, cover all essential health benefits.

**Habilitation Therapy**
Therapy provided to develop initial functional levels of movement, strength, daily activity, or speech.

**Health Care Service(s)**
Medical or behavioral pharmaceuticals, drugs, and any devices, technologies, treatments, supplies, procedures, or services.

**Homebound**
When you are unable to leave home without considerable effort due to a medical condition. Lack of transportation does not constitute homebound status.

**Hospital**
A facility that provides diagnostic, medical, therapeutic and surgical services by or under the direction of physicians and with 24-hour registered nursing services. The hospital is not mainly a place for rest or custodial care, and is not a nursing home or similar facility.

**Incurred**
Health care services rendered to you shall be considered to have been incurred at the time or date the health care service was actually purchased or provided.

**Injury**
Bodily damage other than sickness including all related conditions and recurrent symptoms.

**Investigative**
As determined by the Plan Administrator, a drug, device or medical treatment or procedure is investigative if reliable evidence does not permit conclusions concerning its safety, effectiveness, or effect on health outcomes. The Plan Administrator will consider the following categories of reliable evidence, none of which shall be determinative by itself:

1. Whether there is a final approval from the appropriate government regulatory agency, if required. This includes whether a drug or device can be lawfully marketed for its proposed use by the FDA; or if the drug, device or medical treatment or procedure is under study or if further studies are needed to determine its maximum tolerated dose, toxicity, safety or efficacy as compared to standard means of treatment or diagnosis; and
2. Whether there are consensus opinions or recommendations in relevant scientific and medical literature, peer-reviewed journals, or reports of clinical trial committees and other technology assessment bodies. This includes consideration of whether a drug is included in any authoritative compendia as identified by the Medicare program such as, the National Comprehensive Cancer Network Drugs and Biologics Compendium, as appropriate for its proposed use; and
3. Whether there are consensus opinions of national and local health care providers in the applicable specialty as determined by a sampling of providers, including whether there are protocols used by the treating facility or another facility, studying the same drug, device, medical treatment or procedure.

**Medically Necessary**
Any health care services, preventive health care services, and other preventive services that the Plan Administrator, in its discretion and on a case-by-case basis, determines are appropriate and necessary in terms of type, frequency, level, setting, and duration, for your diagnosis or condition; and the care must:
1. Be consistent with the medical standards and generally accepted practice parameters of the medical community;
2. Help restore or maintain your health;
3. Prevent deterioration of your condition;
4. Prevent the reasonably likely onset of a health problem or detect a problem that has no minimal symptoms.
| Named Fiduciary | The person or organization that has the authority to control and manage the operation and administration of the Plan. The fiduciary has discretionary authority to determine eligibility for benefits or to construe the terms of the Plan and may delegate such discretion to other individuals or entities. |
| Non-Designated Transplant Network Provider | A transplant provider that is not contracted with or through the TPA to provide organ or bone marrow transplant or stem cell support and any related services and aftercare. A non-designated transplant network provider may be either a participating provider or a non-participating provider. |
| Non-Participating Provider | A clinic, physician, provider, or facility that is licensed but is not a participating provider. |
| Non-Participating Provider Benefits | Coverage for health care services provided by licensed providers other than participating providers. With non-participating provider benefits, you are financially responsible for a deductible, coinsurance, and any amount in excess of the usual and customary amount. |
| Out-of-Pocket Limit | The maximum amount of money you must pay in coinsurance and deductibles before this Plan pays your eligible charges at 100%. If you reach benefit, day, or visit maximums, you are responsible for amounts that exceed the out-of-pocket limit. |
| Participating Provider | A licensed clinic, physician, provider or facility that is directly contracted to participate in the specific TPA participating provider network designated by Plan Administrator to provide benefits to covered persons enrolled in this SPD. The participating status of providers may change from time to time. Participating providers may also be offered from other Preferred Provider Organizations that have contracted with TPA. |
| Physical Disability | A condition caused by a physical injury or congenital defect to one or more parts of your body that is expected to be ongoing for a continuous period of at least two years from the date the initial proof is supplied to the Plan Administrator and as a result you are incapable of self-sustaining employment and are dependent on the covered employee for a majority of financial support and maintenance. An illness by itself will not be considered a physical disability unless adequate separate proof is furnished to the Plan Administrator for the Plan Administrator to determine that a physical disability also exists as defined in the preceding sentence. |
| Physician | A licensed Doctor of Medicine (M.D.), Doctor of Osteopathy (D.O.), Doctor of Podiatry (D.P.M.), Doctor of Optometry (O.D.), or Doctor of Chiropractic (D.C.). |
| Plan | The self-insured employee welfare benefit plan, as defined by ERISA, established by the Plan Sponsor for the benefit of covered persons. |
| Plan Administrator | The entity, as defined under Section (3)(16) of ERISA, that has the exclusive, final and binding discretionary authority to administer the Plan, to make factual determinations, to construe and interpret the terms of the SPD, Plan, and amendments (including ambiguous terms), and to interpret, review and determine the availability or denial of benefits. The Plan Administrator may delegate discretionary authority and may employ or contract with individuals or entities to perform day-to-day functions, such as processing claims and performing other Plan-connected administrative services. |
| Plan Sponsor | The entity that establishes and maintains the Plan, has the authority to amend and/or terminate the Plan and is responsible for providing funds for the payment of benefits. |
| Plan Year | The period following the effective date of the Plan and each subsequent 12-month period this Plan remains in force. |
| PreferredOne | PreferredOne Administrative Services, Inc., which is a third party administrator (TPA) providing administrative services to your Employer in connection with the operation of the Plan. |
| Prescription Drug | A drug approved by the FDA for use only as prescribed by a provider properly authorized to prescribe that drug. |
| Preventive Health Care Services | The covered services that are listed and covered in this SPD as shown under the Preventive Health Care Services section of the Benefit Schedule. |
Provider A health care professional, physician, clinic or facility licensed, certified, or otherwise qualified under applicable state law to provide health care services to you.

Reconstructive Surgery to restore or correct:
1. A defective body part when such defect is incidental to or follows surgery resulting from injury, sickness, or other diseases of the involved body part; or
2. A congenital disease or anomaly which has resulted in a functional defect as determined by a physician; or
3. A physical defect that directly adversely affects the physical health of a body part, and the restoration or correction is determined by the Plan Administrator to be medically necessary.

Rehabilitative Care Skilled restorative service that is rendered for the purpose of maintaining and improving functional abilities, within a predictable period of time, (generally within a period of six months) to meet your maximum potential ability to perform functional daily living activities. Not considered rehabilitative care are: skilled nursing facility care; home health services; chiropractic services, speech, physical and occupational therapy services for chronic medical conditions, or long-term disabilities, where progress toward such functional ability maintenance and improvement is not anticipated.

Residential Treatment Facility A facility that is licensed by the appropriate state agency and provides 24-hour-a-day care, supervision, food, lodging, rehabilitation, or treatment for sickness related to mental health and substance use related disorders.

Routine Patient Costs The cost of any covered services that would typically be covered if you were not enrolled in an approved clinical trial. Routine patient costs do not include:
1. The cost of the investigational item, device, or health care service that is the subject of the approved clinical trial.
2. Items and health care services provided solely to satisfy data collection and analysis needs and not used in direct clinical management.
3. A health care service that is clearly inconsistent with widely accepted and established standards of care for a particular diagnosis.

Sickness Presence of a physical or mental illness or disease.

Skilled Care Nursing or rehabilitation services requiring the skills of technical or professional medical personnel to provide care or assess your changing condition. Long-term dependence on respiratory support equipment does not in and of itself define a need for skilled care.

Skilled Nursing Facility A Medicare licensed bed or facility (including an extended care facility, a long-term acute care facility, a hospital swing-bed and a transitional care unit) that provides skilled care.

Specialist Providers other than those practicing in the areas of family practice, general practice, internal medicine, OB/GYN or pediatrics.

Specialty Drugs Injectable and non-injectable prescription drugs, as determined by the Plan Administrator, which have one or more of the following key characteristics:
1. Frequent dosing adjustments and intensive clinical monitoring are required to decrease the potential for drug toxicity and to increase the probability for beneficial outcomes;
2. Intensive patient training and compliance assistance are required to facilitate therapeutic goals;
3. There is limited or exclusive product availability and/or distribution;
4. There are specialized product handling and/or administration requirements; or
5. Are produced by living organisms or their products.

Summary Plan Description ( SPD) The document describing, among other things, the benefits offered under the $3,000 Deductible HSA Medical Option of the Plan and your rights and obligations under such benefit option as required by ERISA.

Third Party Administrator ( TPA) PreferredOne provides administrative services to the Employer in connection with the operation of the Plan, including processing of claims, as may be delegated to it.

Transplant Services Transplantation (including retransplants) of the human organs or tissue, including all related post-surgical treatment and drugs and multiple transplants for related care.
**Urgent Care Center**
A health care facility whose primary purpose is to offer and provide immediate, short-term medical care for minor immediate medical conditions not on a regular or routine basis.

**Usual and Customary Amount**
The average amount for each covered service or supply that by discretion of the Plan Administrator is customary in the geographic area in which the health care service is provided.

**Vocational Rehabilitation**
Health care services for a covered person designed to obtain or regain skills or abilities beyond those activities of daily living, including but not limited to, a device or an enhanced device or service requested or needed to enable the covered person to perform activities for an occupation.

**Waiting Period**
The period of time that an eligible individual must wait before coverage under this SPD becomes effective after such individual becomes eligible for coverage, as described in this SPD.

**Web Based (Online) Convenience Care**
Care provided by designated participating providers performed without physical face to face interaction, but through electronic communication allowing evaluation, assessment and the management of health care services that leads to a treatment plan provided by a participating provider who is a licensed physician or a participating provider who is a qualified licensed health care professional. A list of web based (online) convenience care participating providers may be obtained by calling Customer Service or by checking the PreferredOne website at www.preferredone.com.

**You/Your**
Refers to covered employee, covered dependent or covered person.
XIX. Specific Information About Your Plan

The federal government requires that the following information be furnished for the $3,000 Deductible HSA Medical Option of the Plan:

**Name of the Plan:**
This Plan shall be known as St. Francis Health Services of Morris, Inc. Employee Benefit Plan. This SPD is effective January 1, 2016.

**Address of the Plan:**
801 Nevada Avenue
Morris, MN 56267

**Type of Plan:**
Welfare Benefit Plan providing group health benefits

**Group Number, as assigned by the TPA:**
PKA20427

**Employer Identification Number:**
41-1484416

**IRS Plan Identification Number:**
501

**Plan Year/Plan Fiscal Year:**
January 1 through December 31

**Third Party Administrator or TPA:**
The company that provides certain administrative services in connection with the Plan. TPA shall not be deemed an employer with respect to the administration of or provision of benefits under Plan Sponsor’s Plan.

PreferredOne Administrative Services, Inc.
P.O. Box 59212
Minneapolis, MN 55459-0212

**Plan Sponsor and Sponsor’s Address:**
St. Francis Health Services of Morris, Inc.
801 Nevada Avenue
Morris, MN 56267

**Plan Administrator and Administrator’s Address:**
Plan Administrator retains all fiduciary responsibilities with respect to the Plan, except to the extent it has delegated one or more such responsibilities to others.

Benefits Committee
St. Francis Health Services of Morris, Inc.
801 Nevada Avenue
Morris, MN 56267
320-589-4903

**Named Fiduciary:**
St. Francis Health Services of Morris, Inc.
801 Nevada Avenue
Morris, MN 56267

**Participating Provider:**
Open Access 200
PHCS (Healthy Directions)

**Agent for Service of Legal Process:**
St. Francis Health Services of Morris, Inc.
801 Nevada Avenue
Morris, MN 56267

**Funding:**
This is a self-insured plan, not insured by the TPA; therefore the Employer and the employee fund the Plan to pay claims.

**Contributions and Other Cost Sharing:**
The Employer and the employee share the cost of coverage. This cost sharing involves contributions, deductibles, and coinsurance costs. Your Employer will inform you of your share of the contribution. Your share of deductible and coinsurance costs are described elsewhere in this SPD.