

St. Francis Health Services of Morris, Inc.
Social Accountability Statement - 2021

St. Francis Health Services of Morris, Inc. (SFHS) is located in West Central Minnesota in the city of Morris. Since 1984 we have operated our corporate services in what was previously known as Longfellow School at 801 Nevada Avenue, Morris, MN 56267.

Our Mission: We are committed to express *Christ's* message of love and hope by providing for health, residential, community, and allied services in a holistic, competent, and caring manner that recognizes the value and dignity in every human life.

Our Core Values:

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| <i>Integrity</i> | We faithfully adhere to high principles and professional standards. |
| <i>Commitment</i> | We dedicate ourselves to those we serve. |
| <i>Respect</i> | We value and treat each individual with compassion and dignity. |
| <i>Excellence</i> | We have the passion to do our best. |
| <i>Service</i> | We deliver what has not been done, before it is expected. |
| <i>Stewardship</i> | We wisely employ the talents, resources, and relationships entrusted to us. |

SFHS is sponsored by the Catholic Diocese of St. Cloud. We are committed to promoting the Ethical and Religious Directives for Catholic Health Care services throughout all of our communities.

SFHS provides management and oversight to the operations of skilled nursing care centers, assisted & independent living communities and group homes throughout Minnesota. SFHS is the parent company of thirteen corporations with a focus of providing services to those 55 and older, and to those with mental and physical disabilities.

Our communities provide a resident centered, hospitality care model to rehabilitate. We strive to enhance each individual's life with professional and caring services, and to help each resident achieve his or her highest potential.

Providing Quality Care and Services for Older Adults

In 2021 SFHS and its subsidiaries provided care to 2,220 people in our care centers, assisted living apartments and group homes. Of those residents, tenants and consumers, approximately 99% are residents of the state of Minnesota in rural communities.

SFHS offers the following skilled nursing services in our care centers:

- 24 hour skilled nursing care
- Pastoral Care and Religious Services
- Physical, Occupational and Speech Therapy (on-site and outpatient)
- Wound, IV Therapy and Ostomy Care
- Post-Surgical Care
- Psychiatric Consultants
- Specialized Alzheimer's/Dementia Care

- Stroke Recovery
- Therapeutic Recreation (individualized, small group and large group)

Our physical therapy, occupational therapy, and speech therapy services aid residents in rehabilitation and provide them the opportunity to return home or to a more independent setting. We are able to provide therapies for:

- Orthopedic Injuries
- Back and Neck Injuries
- Amputations
- Spinal Dysfunction
- Chronic Pain
- Post-Surgical Conditions
- Hip Fractures
- Neurological Disorders
- Outpatient Therapies

SFHS offers many social opportunities. Activities include:

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| • Men's Group | • Exercise Club |
| • Current Events | • Shopping Events |
| • Baking Club | • Special Event Celebrations |
| • Cards, Games and Bingo | • Intergenerational Group |
| • Music Therapy | • Transportation to outside community events |
| • Book Club | |

An example of this commitment to excellence is the implementation of “Nursing Facility Performance-Based Incentive Payment Program” (PIPP) grants awarded by the MN Department of Human Services (DHS). Two grants in progress during 2021 and 2022. These two year grants are a 2020 “Restorative, Ambulation, Mobility Program (RAMP)” and a 2021 “Falls Prevention” grant.

RAMP Grant:

The goals of maintaining each resident’s highest practicable level of functioning and enhancing the overall quality of life is greatly impacted by a resident’s ability to ambulate and maintain mobility. Health, wellness and the sense of independence are encouraged when ambulation and mobility are supported and sustained.

The SFHS Restorative Ambulation Mobility Program (RAMP) 2 year grant project totaling \$598,412 will strengthening the quality of care for its residents by improving residents’ restorative programming, ambulation and mobility and add Walk To Dine and balance exercise programming. The goal is to improve resident care as evidenced by achieving a positive increase in each care center’s MN QI Facility Quality Measure related to Functioning Q24 – Walking As Well or Better than on Previous Assessments (LS).

FALLS PREVENTION:

An older adult is treated in the emergency room every 11 seconds and an older adult dies every 19 minutes as a result of falls (Karon, Ryther, & Robinson, 2015). Falls are the leading cause of fatal and non-fatal injuries among older adults over the age of 65 (Karon, Ryther, & Robinson, 2015). With these statistics it is important for care centers to address falls with the intent to decrease falls, potential for injuries, and increase the individual receiving services’ quality of life.

The SFHS Collaborative is working together to create a comprehensive falls reduction program that includes improving the care center environment by making it more home-like through strengthening person-centered care, using new artificial intelligence (AI) technology, and developing new exercise programming. The SFHS Collaborative aims to achieve a safer environment for individuals receiving services by training all staff to

support, understand, and strengthen our person-centered care to better meet individual resident needs, to use new AI technology to understand the person's routine and habits, and to increase movement and exercise programming to decrease the risk for falls and subsequent negative outcomes related to falls. As care needs are better identified and person-centered care is improved for individuals receiving services, a decrease in falls could lead to improved utilization of medical care resources, decreased hospitalization, and improved use of staff time related to falls. Falls can have very negative consequences for residents and require multiple types of resources. This \$2.8 million project will assist us in rebalancing by effectively using new and existing resources through training, AI technology use, and expansion of exercise programming. The SFHS Collaborative will be able to provide quality care more efficiently as both intrinsic and extrinsic factors related to falls are better understood and considered.

In addition, COVID-19 Federal, State and Leading Age MN Association grants have been applied for and received to address the significant impact of COVID.

Recognizing Spiritual Needs and Individuality

Upon admission, SFHS' care center residents are assessed for their spiritual needs. Our job and mission is to accommodate these needs. SFHS' care centers support all community churches and follow the Spiritual Care Policies (can be found on our website www.sfhs.org).

Spiritual activities offered to residents include:

- Weekly Services
- Communion
- Bible Study
- Funerals
- Grief counseling
- Deacon on staff

Providing Access to Educational Opportunities

Education is a high priority in health care and for SFHS care centers. Providing opportunities to further education and learn new information and skills is essential to providing quality, comprehensive, and holistic resident care. Certified nursing assistant classes are paid for by all assisted living and care centers. We also offer scholarships for qualifying programs that provide training and education.

In 2021 SFHS and its care centers provided \$310,020.65 in scholarships to its employees.

Helping Community Members in Need

SFHS' assisted living, group homes and care centers offer services such as,

- Meeting space for local organizations
- Funeral Services
- Loaning personal health care equipment for short term
- Safety and Home Evaluations
- Providing Meals

Serving as Active Community Members

SFHS assisted living, group home and care centers are affiliated with the following organizations:

- Leading Age MN (formerly Aging Services of MN)
- MN Area Geriatric Education Center (MAGEC)
- MN Association of Nutritional and Food Service Professionals (MANFP)

- American Association of Nurse Assessment Coordination (AANAC)
- MN State Wide Activity Professionals (MN SWAP)
- MN Director of Nursing Association (MNDONA)
- Minnesota Health Care Engineers Association (MNHCEA)
- West Central Society of Human Resource Management (WCSHRM)
- Wound Care Alliance- (WOC)

Volunteerism

SFHS' assisted living, group homes and care centers have numerous volunteers from surrounding communities that donate their talents and time to the residents.

Promoting Economic Development

SFHS' Assisted Living, Group Homes and care centers purchase products from local businesses whenever possible. Approximately \$24,088,447.03 was spent throughout the various communities during fiscal year 2021 on operational supplies and expense.

SFHS and its subsidiary organizations employ approximately 2,100 employees throughout the rural communities of Minnesota paying in fiscal year 2021, \$67,311,977.00 in wages and benefits to provide care for our residents, tenants and consumers.

For More Information

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